

# Te Atatu VIEWS

Te Atatu Peninsula Town Centre Magazine

AUTUMN 2016

- **Te Atatu Me Author John Turner**
- Community Constable Moves On
- **Kids Love Code Club**
  - Causeway News
- **Wine/Food/Pets**

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# From the Editor

Now that the festive season is over I would like to say a couple of big thank you's on behalf of the Te Atatu Peninsula Business Association.

Firstly thanks to Tasti for storing our six metre Christmas tree and for supplying a helpful staff member complete with forklift, to make the process so much easier for us. Thank you also to the Te Atatu Union Church for allowing us to put up the tree on their lawn, and for their volunteers who helped us so cheerfully. Thank you also to the TAPBA committee members who give up their time in support of their town.

Our Christmas promotion had an overwhelming response of entries, but three lucky winners drew the fabulous prizes: Christine Williams who shopped at G4U won the Weekend at the luxury Oyster Inn, Waiheke Island, Nicole Boisjoli who shopped at Cupboard Love won the mini break at the Hilton Hotel, and Shaggy Saheb who shopped at Uneek Cutz won the night at the Stamford Plaza. Thank you to everyone who entered and now that Easter is coming up, you'll get the chance to win the same prizes again by entering our Easter Promotion! Keep an eye out for our posters and entry forms at participating stores. Check our website [www.teatatupeninsula.co.nz](http://www.teatatupeninsula.co.nz) for details of where to shop.



## Te Atatu Peninsula Business Association

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## Easter Break Prize Draw

*Purchase anything at participating stores  
and be in to WIN!*

**First Prize** A weekend at The Oyster Inn, Waikeke Island! Two nights luxury, boutique accommodation, includes ferry, transfer from Ferry to Oyster Inn, breakfast both mornings, a dinner for two and \$50 spending money. All in the heart of Waiheke Island, just 35 minutes on a beautiful ferry ride from downtown Auckland in the beachy village of Oneroa.

**Second Prize** Take a mini break at the Hilton Hotel in the Deluxe Harbourview Room including valet parking. Enjoy a three course dinner for two at Fish Restaurant and a buffet breakfast, stunning views over the Waitemata Harbour or dive into the heated pool (subject to availability).

**Third Prize** A night at the Stamford Hotel with their Dine In and Unwind Weekend Package. Includes accommodation, two course dinner at Lights on Albert restaurant, breakfast, valet parking and late checkout at 1.00 pm

Check our facebook page for participating stores



Drawn March 23rd

Winners names publicised on facebook and other media



## Help Shape the Future of Te Atatu Peninsula

Help Te Atatu Peninsula Business Association shape the future of our town! Until the end of March, you can answer five simple questions in our special survey, and tell us what shops you'd like added to our business mix. Go to our website [www.teatutupeninsula.co.nz](http://www.teatutupeninsula.co.nz) and click on the survey link. We will compile the results then work directly with leasing agents and landlords to steadily improve the choice available to you – our customer.

### Letter to the Editor

*I wish to give my thanks and appreciation to the young mothers and gentleman of Te Atatu Peninsula for their kindness and willingness of taking me home whilst waiting for overdue taxis outside Countdown over this past year.*

*Even with my shopping and walking frame, their babes and toddlers in arms, it was their privilege they said. Since the closing of the TAT South Library, ASB Bank and Post Bank, Te Atatu Peninsula was my choosing and was more convenient to get to. So it is my privilege to shop at Te Atatu Peninsula. I find the people friendly and smiley and willing to go out of their way to help.*

*So thank you to all. May you all have a wonderful 2016.  
From an ever grateful 'Grandma', - Te Atatu South.*

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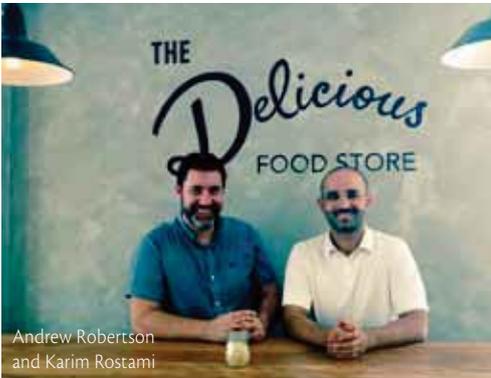


# WELCOME to the peninsula

We were sad to see Luscious go and we were probably all thinking the same thing – that we had lost something unique. Well we did, but fortunately for the Peninsula, an eatery just as relaxed and welcoming has opened in its place.

## Delicious Food Store

**Delicious Food Store is fresh and bright with a reconfigured interior and a reasonably priced, well presented menu that lives up to its name.** Open for breakfast, brunch and lunch, Delicious Food Store also has a liquor license for those wanting a cool wine or beer. As things progress, locals can look forward to an additional kids menu, complete with activities.



Owner Andrew Robertson says the menu has been developed through years of experience. In the trade since 1996, Andrew also owns the Shortland Street Café, the Excel Café in the University of Auckland's Business School and Delicious Catering which has dealt with 30 to 50 functions a week, over the last ten years. However, that's not all. For three or four days most months Andrew travels to Hawaii to check on his taco shop there. In total he has owned 16 cafes since 2000 and all this is on top of being a married, family man with four teenagers. His General Manager Karim Rostami has been alongside for most of that journey and Karim will initially be on site fulltime at the new café, to ensure things get up and running smoothly.

Andrew says that he was drawn to the Peninsula because he saw that the café site had potential for growth and was in need or 'some love and care.' He loved the outdoor aspect and while he saw it as a good opportunity, he also liked that in a sense he was helping to preserve a Te Atatu Peninsula icon. Karim says Delicious Food Store is on the Peninsula for the long haul and he is looking forward to meeting everyone and getting involved in the community. He and Andrew both have infectious smiles and are very approachable, so go check out the menu, say hi and welcome them to the Peninsula.

## Spynedoctors Chiropractic

Now in Gunner Drive, next to Uneek Cutz. Dr Gina Variath and Dr Chandani Magan invite new patients to book for a free spine check during March.

Gina who holds a Bachelor of Chiropractic, grew up in Shri Lanka. She moved to New Zealand at the age of 19 and now lives in Te Atatu South. She has seven years of experience treating an array of health conditions she says are helped by chiropractic treatment, such as back pain, headaches, ear infections and even bowel and bladder complaints.

"I particularly enjoy caring for whole families, as happy, healthy families go a long way toward vital, productive communities," says Gina.

Chandani was born in South Africa and raised in Blockhouse Bay, where she still lives. She also holds a Bachelor of Chiropractic and enjoys working with babies, pregnant mothers and small children.

The Gunner drive practice is the third Gina has set up. She sold her original clinic in Glen Eden after six years and set up one in Lincoln Road, Henderson four years ago. She continues to run this as well her new Te Atatu practice.

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with Sue Kirkby B.V.Sc

# Cat Abscesses

This month I'm writing about the abscesses that we commonly see in cats, following cat fights. To vets, most abscesses are regarded as a minor problem, but to a pet owner who hasn't seen one before they are disgusting, and often alarming.

An abscess is a type of infection which most frequently follows a puncture wound incurred in a fight, although one can develop from a rotten tooth or as a reaction to a foreign body, such as a grass seed, embedded in the animal's body. Even the healthiest cat's mouth contains myriads of bacteria, so a puncture wound from the big canine teeth (fangs) is very likely to become infected. An abscess appears as a soft and often painful swelling which comes up very quickly, even overnight, and usually within a few days following the original injury. Bite wounds are hard to see under the cat's hair, and the sudden appearance of the swelling might be the first sign noticed that the cat isn't well. Many abscesses are 2 - 3 cm across, but they can be smaller or much larger. They contain pus which is usually a creamy colour and can smell very offensive. This is made up of bacteria, white blood cells fighting the

infection, and dead tissue which has been damaged by bacterial toxins.

The most important factor in recovery from an abscess is good drainage. Most abscesses eventually burst and drain themselves naturally, as the infection weakens the overlying skin, and typical abscesses which develop just under the skin and then burst often heal rapidly without further ado. Some abscesses form deeper in the muscles and some can become very large resulting in extensive loss of skin and other tissue. Abscesses which seem to have drained can close over and then reoccur days or several weeks later.

If you find a fresh bite wound on your pet, it is helpful to clip away the hair surrounding the punctures and bathe it with saline (salt water solution), particularly if it isn't a convenient time to take it to a vet, and this will help prevent an infection from developing. If the abscess has burst cleaning it will also help it to drain. However really it's best to have the pet checked by a vet, as it might need surgery and antibiotics to heal as quickly as possible. Small abscesses can

be lanced and flushed out with the animal sedated, but with larger abscesses we might need to cut out the damaged skin and tissue and stitch them, sometimes stitching in a rubber draining tube for a few days also. If a lot of skin has been damaged and died we may either do plastic surgery, or stitch the area partly closed to encourage healing. Fortunately cats bodies are extremely good at healing, and provided all the dead tissue is removed and any ongoing infection treated, open wounds several centimetres across will often close over by themselves over a few days to several weeks.

Be aware that as discussed in a previous column, cat bites can also result in infection with the feline AIDS virus. There is a vaccine against feline AIDS. For more information about this, contact your local vet.



## EXPERIENCE YOUR LOCAL RSA

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**RESTAURANT HOURS**

Friday Lunch	12.00 - 2.00pm
Thursday - Saturday Evenings	5.30 - 8.30pm
Wednesday - Sunday	5.30 - 8.00pm



**TE ATATU**

# Te Atatu Me photographs of a New Zealand urban village

**John Turner, author of Te Atatu Me has been living in Beijing for the last four years - a far cry from the Te Atatu community he celebrates in his book.**

John is back in Auckland until March because the Auckland Gallery has asked him to donate his archives, so he is sorting through 50 years' worth of photos and papers that are in storage.

John relocated to China after becoming interested in compiling and exhibiting the works of New Zealand photo journalist Tom Hutchins, who visited China in 1956. Most of the photographs from Hutchins' 6000-image report of 60 years ago have never been seen, so John is compiling a 150 print retrospective of the work in time for the 60th anniversary of Hutchins' visit to China. The exhibition is scheduled for the Pingyao International Photography Festival in September this year, with smaller exhibitions to be held in private galleries. There is a Chinese publisher interested in the work, and also a New Zealand art gallery.

John officially retired in 2011 and first visited

China in 2007, the year Hutchins died. John taught practical photography and the history of photography at Auckland University's Elam School of Fine Arts for 40 years. He had trained as a printer when he left school in Wellington, but became a press and commercial photographer and then a photographer for the National Museum. He and his family moved from Kingsland to Te Atatu in 1992, settling in Renata Crescent.

In 2005 during the time that photographers were pressured to go digital, John found he had diabetes and had to exercise more for his health. So he walked his dog around the Peninsula and started deliberately documenting everyday life. This is how Te Atatu Me came together, and how he met local artist Grant Cole, who contributed an historical essay to the book.

"I have a documentary inclination to photograph everyday things," he says. "The Peninsula is a really good place to live because the people are basically unpretentious. There is still a sense of working class practicality. It's a down to earth place, and I like that. The Peninsula is typical of New Zealand small



towns not trying to be different and special, but they are".

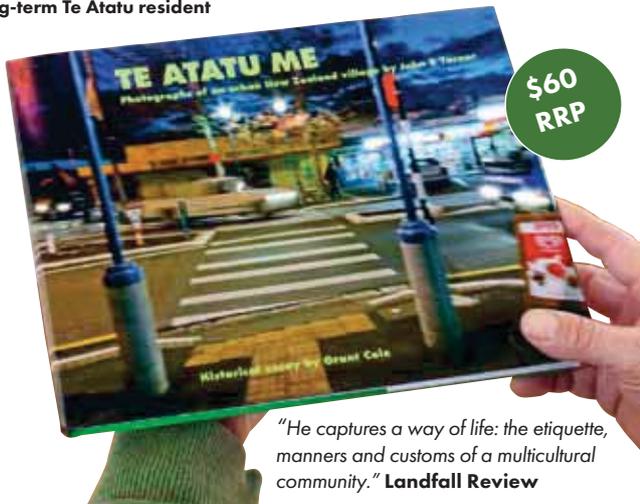
John is donating a set of the thousands of digital images he made, to Henderson library. He would like an oral historian to add to it, with more Peninsula history and by identifying people in the photographs and he hopes that it will all eventually be on line, as an extensive record of life on the Peninsula.

## TE ATATU ME

**It's about the place we live in.**

*"The essential flavour of the Peninsula rises off every page of John Turner's book."*

Long-term Te Atatu resident



*"He captures a way of life: the etiquette, manners and customs of a multicultural community."* Landfall Review

**Te Atatu Me: Photographs of an urban New Zealand village,** by John B Turner with historical essay by Grant Cole, is available from:

ABUNDANCE ART GALLERY:  
617 Te Atatu Road,  
Te Atatu Peninsula  
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## Did You Know?

- Te Atatu North was renamed Te Atatu Peninsula 22 yrs ago on March 16th, 1994.
- McCormack Cottage at Harbourview was built in the 1880's by David McCormack's great grandfather who purchased the land in 1867. In the late 1890's a side addition was built. Materials for the cottage were barged up the harbour from Auckland Wharf. The Auckland Harbour Board acquired the land in 1951. In the 1950's Frank Hock rented the house and set up the first Yoghurt Factory in NZ. The cottage was burnt down in 2007 by vandals and its heritage value is recognised by a viewing platform and interpretation Board on the original site.
- The green space on Taipari Strand is reclaimed from a rubbish tip commenced in the 1950's. The open top rubbish trucks used to be driven through the main streets and rubbish from them blew everywhere. Roy Ranby, Denis Collins and Thelma Butterworth worked tirelessly over many years once the tip was closed to make it one of the most beautiful areas of the Peninsula.

Courtesy of Elizabeth Grimmer

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# Te Atatu Community House – News from one of Te Atatu’s Treasures

**The Te Atatu Community House has been working with Auckland Council and the Henderson Massey Local Board, looking at the future of the Community House, particularly on increasing the capacity of the building as a social service delivery hub, where people can come to access essential services and support.**

An ‘Expression of Interest’ was widely circulated over the past few months to service providers across Auckland and early indications show there are several social service organisations keen to explore delivering services from the community house.

With the support from the Henderson-Massey Local Board, we are engaging with these organisations, and moving towards the proposed re-purposing of the community house, to provide a space for service providers looking to use the house once or twice a week, to serve the community, rather than leasing their own premises.

It has been a busy few months for

the Community House and we really want to thank our committee, the community and Auckland Council, especially Jan Brown and her team for their support over this process.

At the Community House it is business as usual, we still have our regular activities happening, with the education courses such as learner Licence, Restricted Licence, First Aid, Sign Language, our usual regular groups, knitting groups, Playgroup and health & wellbeing support groups plus some new ones – but there is still room for more, so if you are a tutor, or looking for a space for your service please let us know

If you want to find out more, have a look at the space or get involved with anything happening here please feel free to pop in and see us – we are the blue house by Plunket and the Te Atatu Village Kindergarten at 580 Te Atatu Road, Te Atatu Peninsula. Our office hours are Monday to Friday between 9am -2pm or you can phone: (09)8345827 or email: [taatcomh@xtra.co.nz](mailto:taatcomh@xtra.co.nz)

## Kids Love Code Club

Coding is something most of us think of as highly technical but now our local kids are showing us up at Code Club, held 4pm to 5pm Monday afternoons at the Library and Community Centre.

In a joint project between Code Club, the Community Centre and the Library kids can now try their hand at activities including modelling, 3D printing, circuits, coding and robotics. The club is hosted by Code Club volunteer Jaco van der Merwe who says organisers try to show the kids what is really going on with technology and foster a sense of curiosity.

“We try to show them what goes on under the hood,” he says. “We’ve got a generation growing up in a shiny environment and we try to show them what goes into making that technology. We demystify it.”

Jaco says we have no idea what technology will be around for our children in ten or 20 years’ time and the club helps to prepare them for that.



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# Community

## GET WALKING IN ART

West Auckland, renowned for its beautiful bush walks, cycle tracks and creative inspiration, is also building a reputation for outdoor art and sculpture. Being held in the heart of our backyard, the Harbourview Sculpture Trail 2016 brings another 40 national and international artists, along with gourmet food trucks, twilight evenings and roving entertainment, from 5-28 March.

Local artists will be showcasing their work including Bridget Mintoft with *One hundred sunrises (standing in sunlight)* and Carol Green, with *Viewfinders*; both from Te Atatu Peninsula. Te Atatu South artist Penny Howard's piece *The Kumara Planters* is also among the 35 sculptures which are site specific and have been chosen to sit amongst the wetland site.

New this year, the trail will offer gourmet food trucks and roving entertainment every Friday and Saturday during the twilight hours, until last entry at 7.30pm. An idyllic spot to meet friends and family for a relaxed dinner amongst the art, with amazing views of the harbor and city.

Ticket prices to the Harbourview Sculpture Trail 2016 include a complimentary trail catalogue; Adults \$15, Concessions \$12, Children 5-12yrs \$5, Children under 5 years free. Children receive a complimentary activity sheet on entry (not catalogue).

Large group bookings of 20 or more are encouraged to book early, and can be arranged by contacting [groupbookings@harbourviewsculpture.com](mailto:groupbookings@harbourviewsculpture.com).



Public curator tours will run every Saturday and Monday at 10am and 1pm over the exhibition period. There is no extra charge or booking required to join a public curator tour. Private curator tours can be booked by arrangement. Email [curator@harbourviewsculpture.com](mailto:curator@harbourviewsculpture.com) for private tour pricing and times.

Visit [www.harbourviewsculpture.com](http://www.harbourviewsculpture.com) for tickets and more details about planning your visit to the spectacular Harbourview Sculpture Trail, Te Atatu Peninsula, 5-28 March 2016.

### A venue with a difference

If you're looking for a special place to treat customers, staff or friends, the Harbourview Sculpture Trail is offering, for the first time, a hosting package which can be designed for your needs.

Your event could begin with nibbles or a picnic in your private marquee before an easy one hour stroll through the picturesque Harbourview Sculpture Trail. Finish up back at your marquee with drinks – or come up with your own ideas and our experienced team will help to make it happen.

The VIP Hosting Package includes three hour exclusive use of a 6m x 6m marquee, entry to the Harbourview Sculpture Trail 2016 and a souvenir catalogue for each guest. Available during the week of 7-13 March.

Spaces are limited, please contact [hq@harbourviewsculpture.com](mailto:hq@harbourviewsculpture.com) or 021 022 82549 for more info and pricing.



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## Waitemata Bridge Club

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# News and Events

## Te Atatu Community House - Activities and Classes

Classes available at Te Atatu Community House (enrolments necessary)

- **Learner Licence** – next 6 week courses 15th February and 9th May
- **Restricted Licence assistance** – next course 24th February and 11th May
- **First Aid Home & Workplace Express** - 1 Day course 11th April OR 9th April

• **Mandarin Classes** Ph: Ray 021 131 8169  
Wednesday, Thursday 3.30pm / 4.30pm

• **Meditation** - Saturday 5th March - Free introductory meditation workshop covering the ABC's, use of mantra and creative visualisations, unlocking your unlimited potential for peace and fulfilment. To reserve a place call 0220 653 719 or [www.meditationauckland.co](http://www.meditationauckland.co)

Free Community info sessions by Waitakere Community Law 10am-11am

15th February – Employment rights

21st March - Power of Attorney - what you need to know and why you should have one.

**Well Women's Family Trust** – for clinic dates and appointments Chinese Women contact Betty Ling 846 7886 xt 711 or 021 056 6118

**Justice of the Peace** – every Saturday 9am-12noon at the Community House or we can arrange a weekday appointment if needed.

**Market** – every Saturday at the Community House, 7.30am-12noon. \$5 for stallholders. All stalls welcome.

**AGE Concern** - Free presentations by AGE Concern for people over 50years of age are provided from time to time, register your interest.

**Foodbank** – donations of dry and canned foods always appreciated to keep our foodbank supplies up. Drop off Mon-Fri 9am-2pm. Fresh fruit and veges on Thursday morning if you have spare.

**Regular groups and activities** – always welcome new members

**Handcrafts** -Knitting, spinning, crafts – Tuesdays & Wednesdays 10am-12noon.

**Playgroup** – The Kid's Shed Playgroup every Thursday and 9.30-11.30am

**Joggers & Walkers** – every Sunday 8am

**Diabetes Support group** – second Wednesday in month 7.30pm

**Chronic Fatigue/ME Support group** - first Wednesday of month 12noon

**NA Westside** – meet weekly Monday at 1pm

**Plunket** – Monday-Friday

**Counselling and Supervision** – by appointment

**Rooms** - Community House has rooms to hire for meetings, tutoring, workshops, support groups etc. 580 Te Atatu Rd, Te Atatu Peninsula Ph: 834 5827 [tatcomh@xtra.co.nz](mailto:tatcomh@xtra.co.nz)

[www.teatatucommunityhouse.co.nz](http://www.teatatucommunityhouse.co.nz)

## Te Atatu Market at the Te Atatu Community House needs your help!

For the past 15 years a market has been held every Saturday in the Kaumatua Reserve carpark, where the Village Kindy and the Community House is located at 580 Te Atatu Rd. The market was originally set up by two local ladies as a place to meet people and sell off their goods and also to provide some support to the Community House programmes. It became a social place of meeting people and neighbours whilst selling things no longer needed.

The market is held every Saturday from 7.30am-midday, but is weather dependant, with minimal fees from the stallholders put towards supporting the programmes and activities held at the Community House.

It is a great community market, it is open to everyone and it is very easy to be a stallholder – just bring along your own table or tarpaulin and \$5, there is no paperwork or commitment. If you'd like to be part of our market and see it continue to grow we'd love to hear from you.

Get in touch if you have any questions, it's always great to see new people and new stalls.

Contact: Jacqui on (09) 834 5827 between 8.30am-2pm or email [tatcomh@xtra.co.nz](mailto:tatcomh@xtra.co.nz)



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If you are looking for a bit of 'me' time away from the responsibilities of work and family this could be the chance to express yourselves creatively or artistically, or if you need to up-skill for work or a new career there are plenty of business and computer courses available.

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Adult and Community Education Rutherford College 834 4099 [www.rutherfordcomed.co.nz](http://www.rutherfordcomed.co.nz)



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# Neighbourhood Support

Neighbourhood Support would like to acknowledge the Te Atatu South, Glendene and Te Atatu Peninsula communities for their invitation to participate in two community safety meetings, held as a result of the recent tragic death of Madam Cun Xiu Tian in January this year. We are deeply saddened as working members in this neighbourhood and stand alongside the community in their efforts to support each other and the family on 'where to from here'.

The objective of these meetings was community reassurance, speaking alongside the Te Atatu Community Constable Mike Chan Fong, Deputy Mayor Penny Hulse, Councillor Linda Cooper, Te Atatu / Glendene Community Patrol Member Brendan Murphy, Community Hub Volunteer Vicki Nu'uialiita and National MP Alfred Ngaro, all organisations coming together with a common interest in community safety and wellbeing.

Neighbourhood Support Waitakere is all about communication connecting communities and whilst we understand that not all crime can be prevented, we do know that effective local community support networks are integral in creating and maintaining safer communities.

Working closely alongside the NZ Police, Auckland Council, Community Patrols and local Community groups to provide the resources, training, safety tips and confidence for community members to take that first step in becoming part of a street based community network, with a common goal in achieving a safer and supportive environment for residents.

We encourage you to meet and talk with your neighbours, wave out, have an interest in what's going on in your street and have the confidence to check if everything is ok if something seems a little unusual.

It has been proven time and again that a personal 'face to face' connection, ever so casual, can provide a sense of wellbeing for all. Elderly residents especially, can benefit from neighbourhood connections as they are the least likely to have any social media or electronic connections, relying solely on personal contact.

Neighbours Day is fast approaching and what a fantastic opportunity and excuse to invite your neighbours and street residents to a communal area to share stories, food and fun – we recommend it will be good for the soul! Immediate benefits members will gain from becoming part of their local Neighbourhood Support network include

participating in a wider caring and concerned network, receiving safety tips and community newsletters, communication sharing with neighbours, emergency preparedness information, a greater sense of wellbeing and community spirit.

Contact us now to take up the challenge, phone Sharon or Louise at the Neighbourhood Support Waitakere office phone: 09 834 5815, email [neighbourhoodsupportwaitakere@gmail.com](mailto:neighbourhoodsupportwaitakere@gmail.com), or find us on facebook, we look forward to hearing from you!

## Farewell to Mike Chan Fong

A passion for helping troubled young people is behind a new direction in Constable Mike Chan Fong's policing career. After serving as the Community Constable for Te Atatu and Glendene for three years he is leaving to work for Youth Aid, based in Henderson. However the role covers all of the Waitakere area including Te Atatu, so Mike will still have a connection to the Te Atatu community.



Mike will be working with youth offenders aged up to 16 years, whenever the unit is required to intervene, such as following a family group conference or when collaborating with other agencies. Mike says it is a very hands on approach designed to curb undesirable behaviour and provide the young people with opportunities and support. Those opportunities could include redirecting them back to school or alternative education.

"I've always thought of myself as being a good mentor," says Mike. "I have been mentoring kids through sport and surf lifesaving and I see this new role as an extension of that. They complement each other."

There has not yet been anyone selected to replace Mike in the Community Constable role, and he says although there are plenty of great staff to choose from, they are looking for the right fit for the area.

"It's been a pleasure serving the Te Atatu Glendene community," he says.

In the meantime, anyone needing assistance can please contact the following:

Henderson Police Ph. 09 839 0600 to report a crime.

Neighbourhood Support Waitakere Ph. 09 834 5815 based at Te Atatu Police Station.

Sgt Aron McKeown, Officer in Charge, Massey Police Ph. 09 832 4099





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# AUTUMN Reds

## Less is more Or is it, more is more?

As you kick off your shoes and sit down on a comfy chair after a full day's work, or play, you'd want a comfort drink to calm your tense muscles and raw nerves. As we head into autumn, a tasty red could be just the ticket. Would you go for an elegant pinot noir or full-flavoured Aussie shiraz? Or something in between?

New Zealand pinot noir has become extremely popular over the past ten years. I remember driving through the spectacular Central Otago region in early 2000, and seeing hundreds of hectares of new plantings. And the perfect storm hit in 2008 when the global financial crisis combined with a bumper crop and new vineyards coming into production, resulted in over supply of pinot noir. The wine, once considered a luxury item, quickly became affordable. Now we have the best of both worlds. Super premium pinots hovering around \$100, and everyday offerings below \$20.

Pinot noir is about delicacy and refinement. It doesn't shout, it whispers in a soothing voice. It lifts gently off the glass to offer inviting aromas of ripe berries and spices, as well as subtle savoury, gamey nuances. Once sipped, it flows and glides through the palate, with ripe flavours and juicy acidity and fine tannins. Lighter in body but it is remarkably robust when it comes to matching with food. The classic beef bourguignon is made using pinot noir and eaten with pinot noir. A glorious match on a cool night.

Fans of shiraz have it pretty good too. Australia, after a dismal 2011 vintage, has enjoyed two outstanding years, 2012 and 2013. These reds are bold, powerful and delectable, and can be enjoyed young or with some bottle age. I love older shiraz but sometimes I fail to keep them long enough in my cellar. New Zealand too produces shiraz, although we call it syrah as the French do. Our version is lighter than the Aussie counterparts with more lifted berry and floral aromas, with smoother mouthfeel. Production is still small but worth hunting

out wines from Hawke's Bay and Waiheke Island, the two best regions for syrah.

Cabernet sauvignon has been the most prized red grape here since the 1960s, and still produces some of our best reds. Often blended with merlot, malbec and cabernet franc, these reds are medium-full-bodied with rich fruit intensity but finish drier than shiraz/syrah and pinot noir.

Just think, the best cabernet blends from Bordeaux, France sells up to \$3000 per bottle on release, if you can get them. Lucky for us, we need to spend only a fraction of that to enjoy stylish reds in this country. Again Hawke's Bay is the engine room but you can find gems from Waiheke Island and West Auckland. Cabernet is ideal with flavoursome red meat dishes but it can be surprisingly good with roast chicken, or duck, with golden crunchy potatoes and rich gravy.

For me the mood and the food dictates what I drink. Hope you have fun trying different reds this autumn.

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with Robynne Pringle

# Cashew, Pumpkin and Aubergine Curry

As a vegetarian, I often need to cook something special that will keep meat eaters happy, as well. This curry is creamy and delicious and perfect for slightly chilly autumn days. It has a great texture from the crushed cashews and you can adjust the spices to make it as mild or as spicy as you like it. Over the years I have swapped things out – dried chilli for ground chilli, whole cumin seeds for ground. And these days I nearly always have fresh ginger and turmeric on hand, so I will use these as opposed to the dried spice. Play with the spices until you find what you like.

## Ingredients

- 1 large aubergine
- 1 tbsp salt
- 4 tbsps olive oil
- 1 large onion, sliced
- 4 big garlic cloves, chopped
- 1 tspn dried chilli flakes
- ½ tspn ground coriander
- ½ tspn ground cloves
- 1 tsp cumin seeds
- 1 chunk of fresh turmeric, peeled and grated (or 1 tsp ground)
- 1 chunk of fresh ginger root, peeled and shredded (or ½ tsp ground)
- 2 cups of peeled and diced pumpkin
- 1 large potato, peeled and diced
- 2 tbsps flour
- 1 1/2 – 2 cups of vegetable stock
- 1 cup of coconut cream
- 200g of green beans
- 70g of roasted cashews
- Salt and pepper

## Method

Slice aubergine into fingers and toss with the salt in a colander for 15 mins, rinse and pat dry.



Vrent Hess

Saute onion in oil for five mins until clear, add garlic and spices and cook another minute or two.

Add aubergine, pumpkin and potato. Mix flour with a small amount of the stock, then blend in the rest. Pour into the vegetables, cover and simmer, stirring occasionally for about ten minutes or until the potato and pumpkin starts to soften.

Add the coconut cream and cook for another ten mins. Grind or finely chop the cashews (keeping a few aside) and stir in. Blanch the green beans until they are cooked but still crisp and fold into the curry. Season with salt and pepper.

To finish, garnish with sprigs of coriander or mint and a few cashews and serve with steamed fragrant rice, naan bread or poppadums and chutney on the side.

*Sam Kim recommends a Tohu Marlborough Pinot Noir 2014. A fuller-bodied red will work well too, but pinot is smoother and doesn't fight with a dish such as curry. The fruit sweetness in pinot should also work well with pumpkin.*

# Te Atatu Menswear on the Peninsula



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# Working towards the Finish Line

Welcome to the first edition of the Causeway News for 2016. The project team is on track to complete its section of the State Highway 16 upgrade later this year. Recent progress is visible in these photographs by Greg Kempthorne.



The project looking towards the city with Sky City and Rangitoto Island in the background.



The project looking west.

**In January** the team moved the Rosebank Road off-ramp and the express lane westbound.

The team is now working in the median areas along the causeway, building up the existing motorway ready for its final surface and traffic later this year.

## Zero harm for everyone

Our construction crews are hard at work as summer is the best time to reseal and maintain roads. Warm temperatures and dry air helps the new seal to stick to the existing road surface, creating a more effective and durable result.

Drivers are likely to come across roadwork sites during the next few months. We ask you to please observe speed restrictions and slow down through work sites to help keep everyone safe and able to return home to their families at the end of the day.

## Night works

A combination of good construction weather and a group of projects that are nearing completion gives us kilometres of asphalt that needs to be put in place to give motorists a final surface to drive on.

The asphaltting work is done at night when there is less impact on traffic. There is likely to be closures of the motorway overnight for a number of consecutive nights to enable much of the final motorway surface to be laid over the next three months.

For information about the night closures please check the Auckland Motorway Alliance website on [www.aucklandmotorways.com](http://www.aucklandmotorways.com) and click on the icon 'overnight motorway closures' to learn more.

## Cycleway Surface

Significant sections of the new permanent cycleway opened along the causeway in November and December. Many cyclists expressed their delight with the new sections, and we also appreciate recent feedback about the need to smooth out some short areas of concrete that are a bit rough. The best solution may require a detour for cyclists while we remove and replace those of concrete. We will provide Bike Auckland and Bike Te Atatu with information to be shared on their Facebook pages when we know more.

## Bird Life

Carol Green of Bike Te Atatu recently took these beautiful shots of wildlife in the causeway area while out and about on her bike.



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# Te Atatu Peninsula Business Association

## BUSINESS DIRECTORY

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A Plus Beauty Spa	49 Matipo Road	834-7018
About Face	84 Gunner Drive	834-4018
Abundance Art Gallery	617 Te Atatu Rd	5511850
Allworkz Electrical Ltd.	PO BOX 45-149	021519225
Anthony Wong Dental Surgery	518 Te Atatu Rd	834-6359
ASB Bank	544b Te Atatu Rd	448-4130
Auckland Home Loans	3/1 Rhone Avenue	8348682
B Scene Hairdesign	5/460 Gloria Ave	211004424
Barfoot and Thompson	534 Te Atatu Rd	834-3570
BigSave Superette	568 Te Atatu Rd	834 6464
Caltex Peninsula Service Station	571 Te Atatu Rd	834-7546
CareVets	520 Te Atatu Rd	834-4430
Casa del Gelato	576a Te Atatu Road	8344219
Cassidy Eyecare	84 Gunner Drive	834 9070
Chan Takeaways	578b Te Atatu Rd	834-5246
Chil Body and Hair	84 Gunner Drive	834-4206
Clearstone Legal	1/547 Te Atatu Road	973 5102
Columbia Bakery	572 Te Atatu Rd	834-3278
Countdown Supermarket	571 Te Atatu Rd	255 2420
Cupboard Love	6/80 Gunner Drive	8377374
Delicious Foodstore	547 Te Atatu Road	8346635
Deluxe Superette	568a Te Atatu Rd	834-6356
Demolition Deli	568a Te Atatu Rd	834-6356
Discount Outlet	568 Te Atatu Rd	2102396438
Dream Nail and Spa	538 Te Atatu Rd	834-4924
Dwell Healthy Homes	PO Box 45 246	834-5206
Emporer Motors	4a Harbourview Rd	834-8649
Et tu	532 Te Atatu Rd	834-5327
Flossy Designer Florist	Shop 3, 1 Gloria Avenue	8340005
Food and Coffee House	578a Te Atatu Rd	834-8883
Fuze Café	566 Te Atatu Rd	834-8536
G4U Dollar Store	556 Te Atatu Rd	880-4321
Gold Star Takeaway	564 Te Atatu Rd	834-8838
Golden Key Takeaways	546a Te Atatu Road	834-6690
Greens	572 Te Atatu Rd	834-6176
Haddad Group Takeaways	538 Te Atatu Rd	834-6429
Hammer Hardware	568a Te Atatu Rd	834-6210
Harveys Real Estate	530 Te Atatu Rd	834-6155
High Wire Electrical Ltd	2 Waikura Drive	27 244 9473
Hohepa Chartered Accountants	42 Spinnaker Drive	834-3712
Hooked on Fish	568 Te Atatu Rd	834-3638
Hospice Op Shop	568 Te Atatu Rd	834-1291
House of Patchwork	574 Te Atatu Rd	8349641
Imagination Hair and Beauty	5/460 Gloria Ave	8343273
Jean Kilham Accounting Limited	82 Neil Avenue	834-5325
Jenny Craig	84 Gunner Drive	8348924
K&A Bargains	542a Te Atatu Rd	834-8986
Kiwibank	550 Te Atatu Rd	834-9646
KJ Nally Barristers and Solicitors	534 Te Atatu Rd	834-9995
Loan Market	7/1 Rhone Avenue	8349325
Lotto at Unichem Pharmacy	556 Te Atatu Road	834-6303
Mortgage Supply	3/1 Rhone Avenue	834-8682
Meyers Plumbing Ltd	8 Kawai Rise	8347896
New Zealand Home Loans Te Atatu	Level 1, 547 Te Atatu Road.	8344468
Noodle Canteen	552 Te Atatu Rd	834-1328
Odessa's Mini Mart	607 Te Atatu Road	834-2544

Orient Bakery	560 Te Atatu Rd	834-8382
Park in the Bar	3 Pringle Road	834-7396
Patten Brumby Ltd	627 Te Atatu Rd	834-5555
Peninsula Bakehouse	548 Te Atatu Rd	834 8050
Peninsula Barber Shop	2 Harbourview Rd	8348704
Peninsula Blooms	540 Te Atatu Rd	8347778
Peninsula Counselling and Psychotherapy		
(By appointment only)		022 6588 799
Peninsula Gardens	13 Edgerton Road	212981928
Peninsula Hair Ltd	574 Te Atatu Rd	8345120
Peninsula Laundromat	3/570 Te Atatu Rd	2102292894
Peninsula Law	631 Te Atatu Rd	834-5389
Peninsula Medical Centre	382 Te Atatu Rd	834-6300
Peninsula Panel and Paint	4a Harbourview Rd	220841239
Peninsula Physiotherapy	382-386 Te Atatu Rd	8349329
Peninsula Roast	572b Te Atatu Rd	834-0525
Peppermint Twist Icecream	607 Te Atatu Rd	834-9941
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Shahi Dawat Restaurant	547 Te Atatu Rd	834-1239
Songsum Emporium	552 Te Atatu Rd	834-8620
Speed Queen Cash Laundry	574 Te Atatu Rd	272338908
Spynedoctors chiropractic	80 h Gunner drive	0800SPYNED
Subway	571 Te Atatu Rd	834-3786
Supa Fruit Mart	3/1 Rhone Ave	834-2473
Sushi Ami	5/80 Gunner Drive	834-0010
Sushi and Bento	546b Te Atatu Rd	834-1060
Suzanne Clark Family Law	4/554 Te Atatu Rd	834-8139
Tass Print	534 Te Atatu Rd	834-6338
Te Atatu Butchers	1 Rhone Ave	8345158
Te Atatu Chiropractic	550a Te Atatu Rd	834-0440
Te Atatu Discount Superette	542 Te Atatu Rd	834-2089
Te Atatu Engraving & Gifts	562 Te Atatu Rd	834-6143
Te Atatu Fisheries	613 Te Atatu Rd	834-6998
Te atatu Laundromat	574a te atatu Road	272338908
Te Atatu Lawn Mower Centre	538 Te Atatu Rd	8347441
Te Atatu Menswear	548 Te Atatu Rd	834-6470
Te Atatu RSA	1 Harbourview Rd	834-3698
Te Atatu Union Church and Op Shop	2 Taikata Road	834-3228
Thai Flavour	572a Te Atatu Rd	834-0646
Thai Peninsula Restaurant	9/80 Gunner Drive	834-9998
The Big Event Co	111 Taikata Rd	834-0029
Three Monkeys Tattoo	84 Gunner Drive	834-4206
Tony Vege	578c Te Atatu Rd	834-8883
Top Well Bakery	3/82 Gunner Drive	834-2328
Uneek Cutz	7/80 Gunner Drive	834-0100
Unichem Peninsula Pharmacy	556 Te Atatu Rd	834-6303
Waitakere Foot Podiatry	550a Te Atatu Road	8340198
West Auckland Counselling	552 Te Atatu Rd	834-7322
West Liquor	3 Pringle Road	834-7825
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