

Te Atatū VIEWS

Te Atatu Peninsula Town Centre Magazine

AUTUMN 2020

IN THIS ISSUE:

Small Changes big Difference

Community Clean-Up

North Western Solution in Sight

Food, Wine and Books

Photo by Grant Routen

Published quarterly

Next issue: Winter

Advertising booking deadline: May 1st, 2020

Delivered: June 1st, 2020 (approx.)

Disclaimer: Te Atatu Views is the magazine of the Te Atatu Peninsula Business Association. Advertising statements and editorial opinions expressed in the magazine do not necessarily reflect the views of the Association or the Committee unless expressly stated. Any communication can be forwarded to the Editor at the contact details provided. The contents may not be reproduced in any form without the written permission of the Editor. No responsibility is accepted for the Author's suggestions and conclusions, or for any errors or omissions.

Contact Information

For advertising enquiries or to submit editorial copy, contact Te Atatu Peninsula Business Association Town Centre Manager: Robynne Pringle, Ph 021 909 415, manager@teatutupeninsula.co.nz.

Circulation: 10 000 copies.

Delivered free to homes and businesses in Te Atatu. Available in selected libraries, cafés, street boxes and visitor accommodation. Published online at www.teatutupeninsula.co.nz.

Advertising Rates

TAPBA Members: Full page...\$644.00 plus G.S.T
½ page.....\$336.00 plus G.S.T
¼ page.....\$185.00 plus G.S.T
1/8 page....\$157.00 plus G.S.T

Non Members Plus 10%

Te Atatu Peninsula Business Association Committee

Chairperson: Stephen Enger: Te Atatu RSA

Treasurer: Peter Hohepa: Hohepa Chartered Accountants Ltd

Committee Members
Linda Clark: Hospice West Auckland
Malcolm Buscomb: Te Atatu Menswear
Leonie Higgins: Barfoot and Thompson
Rob Stewart: Te Atatu Chiropractic
Michelle Nuttall: West Auckland Counselling
Sean Greenshields: Sean Greenshields:
McDonald's Te Atatu
Troy Cassidy: Cassidy Eyecare

Town Centre Manager: Robynne Pringle

Contents

Welcome to Khawhom Thai Restaurant P.2
Small Changes Making a Big Difference....P. 4 & 5
Community Clean-Up with Lofty Goal P.6
North Western Congestion Solution in Sight.... .7
Views on Food and Wine..... P. 8 and 9
Community Message Board.....P. 10 & 11
Eco Fest West13
Views on Books.....P.15
Life on T.A.P.....P. 17
Community Safety.....P.18

FROM THE
Editor

Hasn't this summer been incredible? Before you know it, we will be moaning about the rain, but right now my garden could do with some. My tomatoes are not looking flash.

The Te Atatu Peninsula Business Association has some exciting news. Back in 2016, we were given feedback from locals, that they wanted a clear and recognisable brand for Te Atatu Peninsula, to raise regional awareness about the town and create local pride in the brand

identity. It took a while, but we are pleased to showcase that new branding, on Page 17. We hope you like it as much as we do and want to encourage clubs, groups and businesses to jump on board. Contact TAPBA if you'd like to use your very own version of the brand and watch out for new signage and merchandise, featuring the Life on T.A.P. logo.



WELCOME
to the Peninsula

Khawhom Thai Restaurant
Lovers of Thai cuisine will be pleased to welcome Khawhom Thai Restaurant on Gunner Drive, in the same spot as the now relocated Thai Peninsula Restaurant. Although there is a new owner and new name, the restaurant Manager Lalita Suakonglat, is a familiar face. She was part of the team for Thai Peninsula and has worked in the industry over an eight year period.



Manager, Lalita Suakonglat.

The restaurant chef also remains the same and Lalita says they know their customers and what they like. But although the setting is familiar, Khawhom Thai's menu has some fresh options that she says the regulars are enjoying.

New dishes on the menu include steamed seafood in red curry paste, steamed fish in lemon sauce and Yum Buddy stir fry - King prawns, scallops, vegetables, Thai chilli paste and cashew nuts.

"We have the same favourites but there is more to choose from," she says. Lalita says the dishes are made by

authentic, traditional methods and while some Thai restaurants use a tomato sauce in their Pad Thai for example, Khawhom Thai uses tamarind sauce in the traditional way.

She says feedback on the new menu from diners has been very positive, so far. "The customers are appreciating it," she says.



Also in this issue, is a story celebrating the small sustainability changes our local businesses are making, which together make a big difference to the future of the planet. This story is the first in a series about moves toward sustainability. Read about it on pages 4 and 5.

There's going to be a big Community Clean-Up Day on April 5th, intended to be a family fun day and aiming to clean the coastline and much of the community space in between. This has been organised by The Te Atatu Peninsula Te Tai Ao Conservation Network. Read more about them on Page 6.

Traffic congestion is something most of us are affected by, as motorists on the Peninsula. Minister of Transport and MP for Te Atatu Phil Twyford may have an announcement to make soon and you can read more on Page 7.

Have a go at the exciting Prawn Gumbo recipe shared by Chef Tamar Palamino-Heta, in Views on Food on Page 8 and pair it with the right wine using advice from wine expert Sam Kim, in Views on Wine, Page 9.

I am a voracious reader, so I really appreciate Abigail Johnson's Views on Books, but even if you only pick up a

book once a year, I think you won't be disappointed if you follow her recommendations on Page 15.

It's officially autumn so it's Autumn Promotion time. Who doesn't need a night in a luxury hotel with their favourite person? Just spend anything in participating stores during March, to be in to win.

In our next issue, we'll be looking at illegal dumping, we will have more about sustainability and we will have a whole new look to the Te Atatu Views, which will become Views on T.A.P. Until then, enjoy our special place in the sun.

Robynne Pringle

Editor

Win an Autumn Treat

Summer is over, the days may be shorter but TAPBA is giving away special autumn treats. Just spend anything in participating stores before the end of March, enter our promotion and be in to win...

1st Prize
A NIGHT FOR TWO AT THE HILTON
Relax in a Deluxe Harbour View room, with valet parking, enjoy dinner at Fish Restaurant, a buffet breakfast and late check out.

2nd Prize
A NIGHT FOR TWO AT STAMFORD PLAZA
in the Superior Room, with valet parking, buffet breakfast and late check out.

3rd Prize
DINNER out for four.

Check out on website www.teatatu.peninsula.com for a list of participating stores and our facebook page www.facebook.com/teatatu/business/

Te Atatu Peninsula Business Association

Attract more Summer buyers

Don't miss our Feb/March marketing offers

Ad upgrades Ad discounts Bonus ads

BARFOOT THOMPSON & Te Atatu

LICENSED REAA 2008

534 Te Atatu Road • 09 834 3570 • teatatu@barfoot.co.nz

Terms & conditions apply.

DIY
PEANUT
BUTTER

Small Changes Making a Big Difference

Awareness about single-use plastics and their effect on the planet, is certainly growing and this is reflected by more and more local families making small changes to their weekly shopping.

Refill Nation owner Jackson Mulligan estimates the store has saved 105,000 pieces of single-use plastic and packaging from landfills and the environment, since opening just 10 months ago.

Jackson says customers are working out what they can reduce or swap out, for a more sustainable option. Growing demand has meant he has been able to reduce the prices of Ecostore products such as dishwashing liquid, so that they are more affordable. While most people bring in re-usable containers, paper bags and glass bottles are available in-store and they even have a small jar library. Jackson says it's not just plastic waste that is concerning.

ALLWORKZ ELECTRICAL



Need a Sparky? Call Your Local

Family owned and operated, Allworkz is a dynamic team of residential and commercial electrical specialists. Based right here in **Te Atatu Peninsula**, supported and trusted by locals for over 9 years.

Contact Ryan today for FREE QUOTE or no obligation chat.

021 519 225 | 0508 ALLWORKZ

ryan@allworkzelectrical.co.nz | 4 Holman Road, Te Atatu Peninsula

www.allworkzelectrical.co.nz



Meyers Plumbing Ltd

Shane Meyers, Certifying Plumber
Quality Guarantee



Free quotes
Special rates for
local customers
(Te Atatu Peninsula
& Te Atatu South)

Tel: 027 279 5912

After hours: **834 7896**

Email: meyersplumbing@xtra.co.nz

www.meyersplumbing.co.nz

"Food waste is also a massive issue," he says. "In landfill it doesn't break down properly because of lack of oxygen." He says the beauty of purchasing your food using your own containers is you can buy as little or as much as you need, without creating food waste.

While Refill Nation has sustainability as its primary focus, a surprising amount of other local businesses are doing their bit toward reducing the plastic burden.



Te Atatu Butcher for example, allows customers to bring in their own containers for buying their meat. Owner Rose Nuon says containers can be filled with some products like mince, sausages and chicken drumsticks while customers wait, while for cuts of meat that need to be prepared, containers can be dropped off in the morning and picked up again. Rose says customers need to provide a separate, clean container for each type of meat.

She says the business has researched sustainable packaging for meat and unfortunately there still aren't enough options available. Rose says to meet food hygiene regulations, cling film for example is currently unavoidable for their pre-packaged items.

Demolition Deli's Poonam Arora is another small business owner making small, sustainable changes. The deli has been operating a mug library for the last six months. Customers bring in a mug that is no longer needed at home, which can be used by any customers purchasing a takeaway coffee and brought back when they are

finished. The mugs are particularly handy for local workers on their break and help cut down on disposable takeaway cups. Regular customers who have a favourite mug, can also keep it in the mug library, even if they stay and have their coffee at the café.

Demolition Deli is also a participating business with RefillNZ. Anyone can go into the café with their water bottle and fill it up with water for free and this means that less plastic bottles go into our environment. RefillNZ's website says it aims to make refilling with tap water the new norm, by making free water more freely available. Participating businesses and organisations throughout New Zealand have a RefillNZ sticker in their window, to show that they are a refill station and people can go onto the website: <https://refillnz.org.nz/where-to-refill/> to find out where refill stations are, in their area.

We will share more of our local sustainable good news stories, in the next issue of Te Atatu Views.

Te Atatu Menswear

on the Peninsula

Male Apparel & Uniform Specialists

Phone (09) 834 6470

● SALE! ● SALE! ● SALE! ● SALE! ● SALE! ● SALE!

250%^{OFF}

STOREWIDE

Excludes all Schoolwear, Football Gear and New Arrivals. Sale is on for ONE WEEK only.

Visit us instore or online at www.thelocalmenswear.co.nz

Phone (09) 834 6470 | 548 Te Atatu Road, Te Atatu Peninsula | Email: shop@teatatumenswear.co.nz

Community Clean-Up with Lofty Goal

Te Atatū Peninsula Te Tai Ao Conservation Network representatives



A newly formed conservation network is setting out to clean every metre of the Te Atatu Peninsula coastline. The Te Atatū Peninsula Te Tai Ao Conservation Network is a coming together of local community groups focusing on community-led conservation initiatives. The coalition includes - Te Atatū Marae Coalition, Forest and Bird Waitākere Branch, Pristine Waterways, Te Wai o Pareira Rivercare Group, Birds New Zealand, Community Waitākere and Sustainable Coastlines.

The network was formed around the need for the community to work together to better protect and enhance our unique Te Atatu Peninsula environment and landscapes. The vision of the network is for the groups involved to work collaboratively to restore the mauri/well-being of the local environment. By working closely together the groups in the network aim to increase their impact and avoid duplicating their efforts.

Chris Ballantyne of Rivercare Group - Te Wai o Pareira says that Te Atatu is blessed with an amazing natural environment bordered by the Whau River, Waitemata and Te Wai o Pareira/Henderson Creek and with Habourview Orangihina Park as another significant local treasure. The network is an expression of the community's desire to preserve and improve this outstanding environment.

Their first event is a Community Clean-Up Day on April 5th, intended to be a family fun day and aiming to clean the coastline and much of the community spaces in between. The clean-up is a community wide event and other groups such as schools and churches are welcome to participate.

<https://sustainablecoastlines.org/event/te-atatu-peninsula-clean-up-day/>



LICENSED RECLADS
The Weathertight Professionals



MARK WILSON

Mark@licensedreclads.co.nz
021 556 598

RUPERT COPPING

Rupert@licensedreclads.co.nz
021 0235 1471

SPECIALISTS IN:

**PROJECT MANAGEMENT /
ARCHITECTURALS / ESTIMATES /
FAP / ALTERATIONS & ADDITIONS**

QUALIFIED LICENSED BUILDERS
www.licensedreclads.co.nz

North Western Congestion Solution in Sight



A short-term solution to ease congestion on the North Western motorway could be announced soon, says Minister of Transport and MP for Te Atatu Phil Twyford.

Minister Twyford says he has asked NZTA to look at making immediate changes to improve and increase the frequency of buses, with buses using dedicated shoulder lanes and 'pop up' interchanges in Te Atatu and Westgate, mimicking a rapid transit lane.

He says a dedicated busway up and down the motorway plus feeder services bringing people into interchanges, would be more efficient than the current situation of buses travelling into the suburbs and then on into the city.



"Watch this space," he says. "We are hoping to announce it in the coming months."

Minister Twyford says while this would be an important investment, the medium-term plan is still a full rapid transit solution for West Auckland, from the city to Westgate, Kumeu and Huapai. He says the Government is in the process of identifying partners to build the light rail from the city centre to the airport and his aim is for light rail to the North West to be part of the same package.

"With an interchange at Te Atatu, there would be much greater frequency of express buses and more frequent feeder services," he says. "With growth in the North West and West Auckland, there is more and more pressure on the motorway. Commuting really takes it out of people in West Auckland, when they could be at home with their families."

An advertisement for Ray White Te Atatu. It features a central image of two hands holding a small model of a blue and white house. The background is decorated with autumn leaves. Text is overlaid on the image.

Temperatures may be falling but the market is still hot!

Put your home in our hands this Autumn

Ray White Te Atatu

Buy West Realty Licensed (REAA2008) & Buy West Property Management Limited

1 Rhone Avenue, Te Atatu Peninsula, Auckland

P: 09 834 6789 | E: teatatu.nz@raywhite.com | buywest.co.nz

RayWhite

Views on Food

with Tamar Palamino-Heta

Prawn Gumbo



From food trucks to fine dining restaurants, Chef Tamar Palamino-Heta is at home in the kitchen. Now, Te Atatu Memorial RSA members are enjoying his work because Tamar is the new caterer there, creating favourite dishes in the RSA restaurant from Tuesday to Sunday. Fortunately, the restaurant is open to the public as well, so non-members can still go along and try Tamar's food.



Born in Jamaica to his Maori father and West Indian mother, Tamar has an affinity for working with the elderly in our community, probably because of his close, loving relationship with his Nan, he says. Tamar's training is in French style fine dining and he has honed his skills at institutions like Sails Restaurant in Auckland and Reva's On the Waterfront in Whangarei. But he is equally comfortable dishing up the robust flavours of street food and has had his own 'Caribbean Spice' food truck, featuring at markets around the city.

This Views on Food recipe is Tamar's Prawn Gumbo, reflecting his heritage and

injecting some spice and warmth into autumn

Prawn Gumbo (serves two)

- 1 stalk celery roughly chopped
- 1/2 onion diced
- 4 cloves garlic finely diced
- 1 spring onion roughly chopped
- 1 bay leaf
- 2 sprigs fresh thyme
- 50 g butter
- 100ml olive oil
- 1tsp smoked paprika
- 1/2 red capsicum roughly diced
- 1/2 green capsicum roughly diced
- 5 drops of Jamaican hot sauce
- 500mls chicken stock
- 1/2 of a 420g can diced Italian tomatoes
- 1 spicy chorizo sausage, sliced thinly
- 400g 21/30 prawn tails (weighing 40-60 prawns per kilo)

Method

Place Celery, onion, garlic, spring onion, bay leaf, thyme, butter, olive oil, green and red capsicum, chorizo sausage, in deep pan or wok. Sautee off until slightly coloured, add paprika, diced tomatoes, chicken stock. Simmer and slightly reduce for 10mins, season with hot sauce, salt and pepper to your taste. Finally add prawn tails and simmer for 5 minutes. Serve with steamed jasmine rice.

Membership is easy. You can join

We are Te Atatu and we are here for you

Friendly Environment

JOIN LIFE AT

Tournaments throughout the country

Have your own function, no charge - this is your club



Communities within Communities

Games at no cost. Darts Pool Snooker Why pay \$4 a game?

Food glorious food!

Sport on the Big Screen

Catering to your needs

Entertainment

Thursday & Friday courtesy vehicle pick up & drop off

Club Member Benefits Insurances Banking

Contact office@teatatura.co.nz 834-3698



Views on Wine

with Sam Kim
www.wineorbit.co.nz

Here is an interesting way of matching food with wine. By colours. It's not quite as simple as colouring by numbers but it can be fun and rewarding. You follow the rules and end up with, not a masterpiece, but a pretty good picture. I'm sure you have heard the phrase, 'what is your colour today?' The four seasons have colours too. Spring: bright yellow and purple; summer: blue and green; autumn: brown; winter: silver and grey (and maybe brown too).

Here we are in autumn. Brown. What better way to match the Prawn Gumbo recipe in the food column with something that's equally comforting and delicious? Gumbo, especially the seafood kind with its pungent flavours, offers richness, sensual feel, seductive complexity and depth of flavour that begs for a wine of equal stature, not necessarily expensive but one full of flavour.

Brown means a wine with some bottle age, while purple indicates a wine of youth and vibrancy. Ideally a wine, say four to five years old, but you don't easily get one of those at your local bottle store on a Friday night. Not to worry, pour a young red wine into a jug or a carafe, then pour it back into the bottle, or leave it in the carafe for 30 minutes or so. This process will accelerate oxidation, which is part of bottle ageing, making the wine smoother and more complex, and adds another layer of spicy/savoury nuances. It's not the same as putting a good bottle of wine away for several years, but we are colouring by numbers here. It's good enough.

And it doesn't matter if it's pinot noir, syrah/ shiraz or cabernet blends, as long as it's tasty and has some substance. Even the light-coloured pinot noir can be deceptively rich and generous if you get a good one. The classic beef casserole of Burgundy, with its hearty richness, is made with pinot noir and eaten with pinot noir.

Autumn also means harvest time for grape growers. Like any fruit or vegetable harvest,

the weathers during picking is super important. A downpour of rain at a wrong time can ruin your crop. Some of our poor neighbours in Australia of course, suffered from the bushfires this season. Some vineyards are wiped out, others have been tainted by smoke, which can be very difficult to overcome if it happens at a certain time of grape development. It's like burning your toast but the smell of burn remains even after you scrape off the black bits. Putting things into perspective though, the majority of the Australian harvest is not affected but it's no comfort for those small growers who have nothing to pick, come vintage.

Back here in 'the lucky country', the drought has caused some issues in some of the North Island vineyards but it's looking like a cracking good year for New Zealand wine. With its \$1.8 billion dollar annual export, it is the 6th largest export industry in the country and still growing. Let's hope the good weather and sensible management of the land may continue.

Cheers to that.

Selling or buying a property?

Are you looking for an award-winning team with over a decade of experience in Te Atatu, who always put their clients' interests first?

Team Mason - Mason Zhang, Lily Mei and Jerry Zhang

Team Mason are based at Harcourts Te Atatu South Office. Hardworking and always willing to go that extra mile, the team is bilingual and at ease dealing with both local and Asian markets. While the real estate market is anything but consistent, Team Mason's commitment to providing clients with the highest level of service and knowledge, remains unwavering. Their high level of repeat clients is testament to this. It has been estimated that up to 5% of the value of your property is determined by your choice of agent and how they perform – based on today's house prices 5% can represent a lot of money.

Mason Zhang's architectural background ensures added expertise with subdivisions, family homes & investment properties. Mason is proud to be Harcourts Shelter Realty's No.1 Sales consultant and in the top 15 Sales consultants in Harcourts' Auckland Northern Region.

It costs no more to hire the best....



Team Mason – Jerry, Lily and Mason

Contact Mason Zhang Licensed Agent REAA 2008

Shelter Realty Ltd
Harcourts Te Atatu South Office

288 Te Atatu Road

M: 021 866 922 P: 09 834 3055 F: 09 834 5901

Harcourts
Shelter Realty

Licensed REAA 2008



Rutherford College

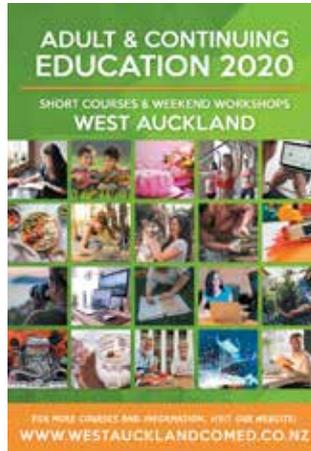
Tohea - To strive for personal excellence

Adult Night Classes - New Year, New You!

Arts, Crafts, Health, Employment, First Aid and 100's of others Night classes and weekend Workshop

The 2020 programme at Rutherford College offers both night classes and weekend workshops for adults as well as daytime ESOL classes and family friendly courses for children 13yrs+ when accompanied by an adult.

We've brought back all the favourites such as Dog obedience, Pottery, Starting your own business, Welding, NZ Sign Language, Food hygiene and Barista plus we've got over 40 new courses. New courses include Kombucha, , Cajun & Creole Cooking, Bone Carving, Mindfulness, Computer Essentials, Mindfulness, Photography and lots more!



All of our tutors are qualified in teaching to adults- many of them specialists in their particular field - and you will find that learning is easy in the relaxed social atmosphere of Community Education

Adult and Community Education Rutherford College
Phone 09 834 4099. www.rutherfordcomed.co.nz



Pest Plant Community Talk: Thursday 2 April 2020 @6-7pm

Are you having problems with pests plants such as moth plant, woolly nightshade and wild ginger on your property? If so, come join us for some free advice from an Auckland Council Conservation Adviser on best methods of control. If you have visions of restoring your backyard into an eco-sanctuary, this talk is for you!

Meeting space available at

The Well!

Are you a small not-for-profit, community group, or sole practitioner looking for a local meeting place, either as a one-off or on a regular basis? The Well is a cosy, centrally located space available to hire on a limited basis at a very reasonable rate.

**For enquiries, please email:
Megan at teatatuwell@gmail.com!**



message

TE ATATU FLORAL AND GARDEN CIRCLE

Third Tuesday of the month
(February to November)

from 7.30pm

Te Atatu Bible Chapel
Cnr Waipani and Beach Roads
Te Atatu Peninsula

Visitors welcome - \$2
at the door

Our aim each month is to have
either a floral demonstrator or an
experienced garden speaker

For more club information please email
teatatufloralandgardencircle@gmail.com

10am April 5
Jack Pringle Park

Peninsula UP DAY

Harbourview Oranghina Park
Predator Control 2050

sustainable coastlines

BIRDS
BIRD SOCIETY OF NEW ZEALAND

TE ATATU PENINSULA
CONSERVATION NETWORK

Community

ge board



Stars of Pasifika Poetry

at Te Atatū Peninsula Library

To celebrate Pacific month in March, we present the annual 'Stars of Pasifika Poetry' event! Join us for another fantastic night with talented Pasifika poets who will pull at you heart strings, make you laugh, and spark some political fire in you. Also, the Samoan Elvis is coming back as MC, so bring your suede jandals for a boogie during intermission!

This is a free event with plenty of free parking.
No RSVP necessary.

Thursday, 19 March 2020
7.00pm to 9.00pm – refreshments at 6.30pm
595 Te Atatu Road, Te Atatu Peninsula

Find out more: phone 09 377 0209 or
visit aucklandlibraries.govt.nz
Auckland Libraries
@Auckland_Libs



**Auckland Council
Libraries**
Ngā Piraka Kōrero o Tamaki Mākauau

Friendship Centres for Auckland Seniors

School's in, summer's done – time for seniors to have some fun!



New and renewed friendships, games and activities, morning tea and lunch; Communicare friendship centres – including Te Atatu – are reopening for Auckland's vulnerable older people.

The Te Atatu centre is open on Thursday mornings at Te Atatu Bible Chapel, corner of Waipani and Beach Roads.

**For more information phone 6315968.
www.communicare.org.nz**



LINCOLN ROAD RETIREMENT VILLAGE

Selling now

Secure a brand new apartment now!

Our apartments are now under construction and are proving to be popular with half of the first stage sold already. Take your pick from two and three bedroom options with spacious open plan living, perfect for entertaining.

The village will showcase the latest bathroom and kitchen designs and will provide independent and assisted living as well as hospital, resthome and specialist dementia care.

Our apartments are priced from \$690,000. Don't delay to secure the apartment of your choice.



To find out more phone Amy or Craig on 09 838 0880 or come and see us at:
229 Lincoln Road, Henderson





EcoFest West

West Auckland welcomes back EcoFest West, the annual environmental festival bringing together over 100 events from 21 March to April 19. This year's programme features interactive workshops, experiences and activities that celebrate and restore our natural environment, and teach ways to live more sustainably in our neighbourhoods.

Across six categories covering food, art, household hacks, transport, and restoration, there is fun to be had and skills to be taken home and shared. Join Bike Henderson riding the rail corridor from Swanson to New Lynn and see another perspective on the neighbourhood, learn about paper making with The Re-Creators, and discover the benefits of Rongoā with the Ranui Community Garden.

Bring the whole whānau to learn about freshwater life in our streams, or take in some spoken word from young poets with solutions to climate change while perusing the local market. You could even refresh your entire wardrobe at the New Lynn Library's clothes swap. There are so many ways each and every person can take



COMING UP IN YOUR NEIGHBOURHOOD DURING ECOFEST WEST:

Making Solid Shampoo and Conditioner Bars
Sunday 22 March, 9.30am-12.30pm
Rutherford College, 16 Kōtuku Street, Te Atatū Peninsula

Te Atatū Peninsula Community Clean-up Day
Sunday 5 April, 10am-12pm
Jack Pringle Park, Te Atatū Peninsula

Te Atatū Food Truck Fridays
Friday 3 April, 4.30-8.30pm
Te Atatū South Community Centre,
247 Edmonton Road, Te Atatū South

Guided Bird Ride
Saturday 4 April, 10.00am-12.30pm
Harbour View Beach Reserve, Harbour
View Road, Te Atatū Peninsula

Visit ecofest.org.nz
for the full EcoFest West 2020 Programme.

EcoFest West is brought to you by EcoMatters Environment Trust and funded by the Henderson-Massey, Waitākere Ranges and Whau local boards.

part in West Auckland's love for our environment, and learn ways to live more sustainably at EcoFest West.

BEN
cable Electrical LIMITED

- ⇒ Renovations
- ⇒ Commercial
- ⇒ Maintenance
- ⇒ After hours call outs
- ⇒ New Builds
- ⇒ No job too small

CONTACT BEN TODAY FOR A FREE QUOTE 021 0232 6040

✉ bcelectricaltd@gmail.com
 🌐 www.bencableelectrical.co.nz
 📍 15a Tiroroa Avenue, Te Atatu South 0610

Absolute
Plumbing & Gasfitting Ltd
A BETTER SERVICE

Providing residential and light commercial plumbing and gas services to Te Atatu Peninsula and Te Atatu South in a timely and affordable manner.

Including but not limited to inspections, maintenance, repairs, new builds and renovations. A service customers will use again!

**Contact Mike Miller,
Certifying Plumber and Gas Fitter
Mobile +64 21 1372810**

www.absolutepg.co.nz

PENINSULA MEDICAL

The heart of community health care

PROTECTION AGAINST VIRUSES

Cover your mouth and nose with tissue when you cough or sneeze



Put your used tissue in the rubbish bin or plastic bag.

Wash and dry your hands often, especially after coughing or sneezing - use soap.



Stay away from others if you're sick.

We are Welcoming New Patients

Opening hours:

Mon - Thurs: 8am - 6.30pm

Friday: 8am - 6pm

Saturday: 9am - 12pm
(walk-in clinic)



Pharmacy, Laboratory, Physiotherapist, Dentist and Audiologist on site.

Plenty of parking

Peninsula Medical Centre

382 Te Atatu Rd, Te Atatu Peninsula
www.peninsulamed.co.nz

Telephone 834 6300

FLU VACCINATIONS

Protect yourself and your family this winter.
Contact us to get yours today!



peninsula medical



Views on Books

with Abigail Johnson

Hi neighbours – let’s give a warm welcome to autumn.

Hopefully not so warm, actually. My garden would appreciate some cooler, rainier days and to be fair, so would I. After a summer like we’ve just experienced, it might be appropriate to check out Naomi Klein’s latest collection of work: *On Fire: The Burning Case for a Green New Deal*. Klein has been a leading voice on environmental issues since the 90s, and the topic has never been more relevant. Klein writes with clarity and insight on the one issue that impacts all of us – the planet we call home. You’ll come out knowing a lot more about the crises facing our earth, and somehow still feeling hopeful. She’s fantastic.

On the other hand, if you aren’t feeling like something quite so heavy, *All Of This Is For You* by local artist Ruby Jones makes for a lovely alternative. Jones’ illustrations went viral in March of last year, after the tragic attacks in Christchurch. One of her drawings even landed on the cover of TIME magazine. Described as ‘a little book of

kindness’, the collection features dozens more illustrations, accompanied by uplifting handwritten messages – a wonderful book for children, and perhaps even better for tired grownups.

But I mostly want to tell you about *A Little Life* by Hanya Yanagihara. I might as well tell you because I’ve been telling everyone else.

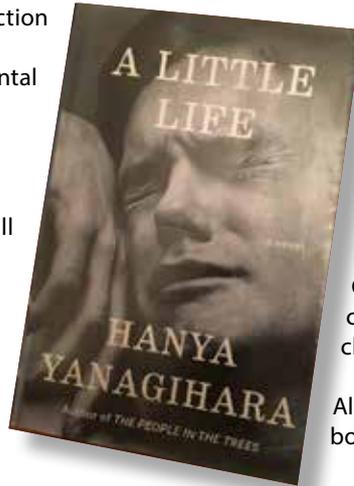
While *A Little Life* was released in 2015, and has been on the bestseller lists ever since, it only hit my radar a few months ago. Someone described it as ‘the worst book they’d ever read’ and I became curious. Having just finished it (which at 700 pages, is quite a feat in and of itself) I have to agree. This is a terrible, overwhelming, addictive book. It might also

be the best book I’ve ever read. Searching up reviews after finishing, I was glad to find I wasn’t the only reader who cried throughout.

Seriously, this book knocks you about and doesn’t relent. It is brutal. Having watched a few interviews with the author, I don’t think she’d be at all offended by that description. Coming out the other side, the reader feels changed. I’d go so far to say the reader is changed. No spoilers, but tread lightly.

All of these books are available at good bookstores and in the library.

Until next time – happy (or not so happy) reading.



Pform .nz
 Dream it...
 Pform it...
 Be it...

4-5pm - 5-9yrs
5-6pm - 10-14yrs

Ph 0800 736 766
www.pform.nz

Drama - HipHop - Musical Theatre
Educating, Fun, Promoting Confidence
Te Atatu Peninsula Community Centre - Thursdays

TE ATATŪ PENINSULA COMMUNITY CENTRE

Celebrating special events at the Te Atatū Peninsula Community Centre

During the first two weeks of February the Te Atatū Peninsula Community Centre participated in region-wide **Proud Centres** celebrations. Creating a rainbow across Tāmaki Makaurau, Proud Centres involved over 150 free activities in fabulous Auckland Council venues to celebrate a unique mix of cultures, sexualities and gender identities. Events hosted by Te Atatū Peninsula Community Centre included a community sing-along, Rainbow life-drawing as well as DJing and a Queer Scenes movie night in the nearby Jack Pringle

Village Green. Other events included a Tie-Dye workshop with the Recreators, plant-based cooking classes, an E-Sports tournament as well as an after-school drop-in session with Rainbow Youth. We can't wait to hear about what will be in store for Proud Centres 2021!



What's new @ Te Atatū Peninsula Community Centre

These blue skies seem to go forever! If you've had too much sun then feel free to pop into the Te Atatū Peninsula Community Centre and Library. It's nice and cool in here thanks to our air-conditioning. There are always tables available in our foyer for meetings or for catching up on work on your laptop thanks to our free Wifi. Every week on Tuesdays at 12 noon we hold **Kai Connect**, a free community lunch brought to you by Generation Ignite. All are welcome to stop by for a bite to eat, a cup of tea and chats with fellow members of the peninsula community. If you're lucky you might hear local chanteuse Cathy belt out a number or two!

Do you know someone who just can't stop gaming? Then do let them know about our fantastic **After-School Gaming** programme. Hosted by Armani Alofa, this fun and free event is held on Mondays from 3.30-5pm in the Tūturiwhatu – Dotterel room. All school students aged from 10 and up are welcome to come have a jam!

On Monday evenings we host two-hour **Life-Drawing** classes facilitated by local art teachers and artists Juliette Hedworth and Rebecca Ter Borg. Drawing from life is great practice for hand-eye co-ordination for all artists, whether beginners or advanced. The class is already very popular, high-school students and even famous cartoonists have been taking part! This class is held on Monday evenings from 6.30-8.30pm in the Kōtare-Kingfisher room. High-schools and tertiary art schools no longer offer classes in drawing from life so this class has already proven to be in high demand. If you'd like to come along please bring \$5 to help cover the model fee.



Although the leaves may soon be turning brown, March makes us feel green all over! **St Patrick's Day** a celebration of all things Irish is on Tuesday 17 March this year. To mark the date we'll be all decked out in green. Local up-cyclers the Recreators will be running fun after-school workshops on Thursday 12th and 19th March that will involve making Leprechaun gnomes! For more information or to register contact Ger by emailing ger@therecreators.co.nz. After-school up-cycling craft workshops are also held every Thursday afternoon from 3.30pm in the Kuaka-Godwit room.

Anzac Day will be respectfully acknowledged at the centre on Saturday 25 April in collaboration with our neighbours the Te Atatū Memorial RSA. Keep an eye on our notice-board and Facebook page for more information. And do be sure to jot down Saturday 27 June into your diaries as this will be the date for our massive **Matariki** celebrations with the Te Atatū Marae Coalition. All are welcome and we'd love to see you here at the centre for this sacred and special celebration.

Stay connected to the Te Atatū Peninsula Community Centre

If you'd like to stay in touch be sure to like Te Atatū Peninsula Community Centre on Facebook or follow us on Instagram @tatpenc. Ka kite anō!

Life on TAP.

Te Atatū Peninsula



After a thorough process and lots of careful thought, Te Atatu Peninsula

Business Association can present our special new brand for Te Atatu – able to be embraced and used across the community. We hope businesses, community groups, sports clubs and individuals will see the uniqueness of this branding, use it as much as possible and help us to make it ‘stick’ in people’s minds.

‘Life on TAP’ was the original and inspirational tagline of the winner of a branding competition TAPBA held in 2017. After seeking a legal opinion on the usability of this tagline, we decided to develop it further, including full-stops between the acronym letters, and adding ‘Te Atatu Peninsula’ underneath so that there is no doubt where we are talking about- our beautiful, special community.

Rather than include an image with the tagline, the words became the image, the full-stops evocative of abstract koru, and the colours representing dawn over the sea.

The beauty of this brand is that it can be adapted and changed by each group who might want to utilise it – Business on T.A.P., Houses on T.A.P., Coffee on T.A.P., Art on T.A.P., Community on T.A.P., Seniors on T.A.P. – even Ponies on T.A.P.!

Expect to see the Life on T.A.P. suite of logos on signage, websites, facebook pages and for TAPBA as an organisation, we are set to embrace ‘Business on T.A.P.’

TAPBA Chair Stephen Enger (left), says branding is everything and we need to refresh our brand every few years.

“The team has created a brand that can be used by the community, not just the Business Association,” he says. “It is clean and strong and will be perfect for marketing the Peninsula.”

The full impact of the new branding will be seen in the winter edition of the Te Atatu Views, which will become Views on T.A.P. with features including Food on T.A.P, Wine on T.A.P, Books on T.A.P and What’s on T.A.P.

The possibilities are endless and TAPBA will create opportunities to expand the use of the brand with merchandise to get our brand out and about, attracting visitors to our special area and reinforcing our already strong sense of place.

If you are interesting in utilising this fresh new brand for your organisation or club, email manager@teatutupeninsula.co.nz and we will organise your very own adaptation.



Community Safety



Fire

Tena kotou,

It's escape week!

Did you know a house fire can kill you in less than five minutes? You will only have 1 or 2 minutes from the sounding of the smoke alarm to when your life is seriously threatened by fire or smoke. That's why it's essential to have an escape plan in place.

To create a personalised escape plan for your house, there are a few things to think about:

- Smoke alarms in your home.
- How you will make sure everyone in the household gets out.
- A safe place where everyone will meet.
- What are your best and alternative ways out.

Everyone who lives in your property needs to know the best ways out in the event of a fire. Make sure you all practice your escape plan every 3 - 6 months.

If you visit this website: <https://www.escapemyhouse.co.nz/> you'll be guided how to best create your plan.

Also, there have been a number of inquiries as to whether or not a fire can be lit. The best way is to go online at <https://www.checkitsalright.nz/can-i-light-a-fire> and follow the prompts to check your address.

At the moment, there is a total fire ban in all urban areas. Cultural cooking fires (Hangi, Umu, Lovo) are allowed, but there are safety conditions listed on the site, for you to follow.

Ngā manaakitanga tatou,



Police

Recently the Te Atatu Community Constable Sam Yerro along with Auckland Transport and Plunket set up a road checkpoint on Waipani Road, Te Atatu Peninsula outside the day-care centre.

The checkpoint was aimed at child restraints ensuring that all our kids were safely and correctly clipped into their seats and of course that they actually had seats.

The focus was very much around Auckland Transport and Plunket providing information to parents and caregivers about child restraints as well as providing free car seats where needed. A completely different approach to our usual road checkpoints – no infringement notices were issued instead we gave away new car booster seats replacing old ones with new ones and reattaching existing seats correctly into vehicles all under the watchful and expert eyes of the Plunket and AT staff.

Sam was pleasantly surprised to see the vast majority of vehicles using Waipani Road had child seats correctly fitted and those that didn't were very receptive of the advice given (as well as the new booster seats given out) so all up, a very successful checkpoint with loads of really good feedback from parents and caregivers alike. Thanks Te Atatu Peninsula, you rock.



Te Atatu Fire Station

He Waka Eke Noa

(Everyone in one canoe, no exceptions)

Sergeant Greg Wilson

*Officer in Charge - Massey Police Station, Massey, Waitakere.
390 Don Buck Road, Massey | Waitematā Police District*



Do you want to help make your community safer?

Community Patrols act as the eyes and ears of the Police while patrolling in pairs in a marked car.

VOLUNTEERS NEEDED

Our patrol covers Te Atatu Peninsula, Te Atatu South and Glendene.



If you want to help and are interested in joining we'd love to hear from you! You need to be able to pass a Police vetting check and commit to at least one 3-4 hour patrol each month. Full training given and uniform provided.

Email: cpnzteatatu@gmail.com



TeAtatu/Glendene Community Patrol

www.facebook.com/

TE ATATU Engraving & Gifts

Trophies & Cups, Watch Services, Gifts & Cards



Etching glass and crystal.
New cups, trophies, awards, medals, pet tags, pet collars and leads.

KEY CUTTING SERVICE.

WATCH SERVICES AVAILABLE

- watch battery replacement from **\$10 - \$18**
- pressure testing
- link addition and removal
- buckle and wristband replacement



562 Te Atatu Road,
Te Atatu Peninsula Ph: 834 6143
Hours: Mon-Fri 9am-6pm • Sat 9am-4pm
Email: info@teatatuengraving.co.nz
www.teatatuengraving.co.nz

HARVEYS

REAL
ESTATE
EST. 1918



CONSIDERING MAKING A MOVE? WE'D LOVE TO HELP

Whether selling or buying, our multi-award winning sales team will work closely with you to ensure your next property move is your best property move! Call us today to experience our industry leading levels of service and commitment to our most important client - you.

REWARD FOR REFERRAL

Refer family and friends to Harveys (Elysium Realty Limited), and when they list & sell with us we'll send you a \$500 Prezzy Card.



Te Atatu Peninsula Business Association

Business Directory

834 Barbers	2 Harbourview Rd	834 8704
About Face	84 Gunner Dr	834 4018
Absolute Plumbing and Gasfitting	6 Mickle Street	021 1372810
Access Law	PO Box 45111, Te Atatu	027 4277462
Allworkz Electrical Ltd	4 Holman Road	0508 ALLWORKZ
Anytime Fitness	543 Te Atatu Rd	950 8540
Ashton and Gray Hair Design	T6, 547 Te Atatu Road	835 2247
Barfoot and Thompson	534 Te Atatu Rd	834 3570
Ben Cable Electrical	15a Tiroroa Ave	800223123
Boon Nuad Thai Massage	4/538 Te Atatu Rd	949 0142
Café Anatolia	543 Te Atatu Rd	834 7991
CareVets	520 Te Atatu Rd	834 4430
Cassidy Eyecare	84 Gunner Dr	834 9070
Chil Body and Hair	84 Gunner Dr	834 4206
Clearstone Legal	1/547 Te Atatu Rd	973 5102
Columbia Bakery	572 Te Atatu Rd	834 3278
Countdown Te Atatu	571 Te Atatu Rd	255 2420
CoWorkWest	741F Te Atatu Rd	021 1358 676
Dan and Anna Superette	568a Te Atatu Rd	834 6356
Delicious Foodstore	547 Te Atatu Rd	834 6635
Demolition Deli	570b Te Atatu Rd	834 4698
Discoveries Educare	543 Te Atatu Rd	0800 Educare
Dominos Te Atatu Peninsula	543 Te Atatu Rd	948 0744
Dream Nail and Spa	538 Te Atatu Rd	834 4924
Emporer Motors	4a Harbourview Rd	834 8649
Et Tu Bistro	532 Te Atatu Rd	834 5327
Fresh Beer Brew Company	532 Te Atatu Rd	950 5110
Fuze Café	566 Te Atatu Rd	834 8536
G4U Dollar Store	556 Te Atatu Rd	880 4321
GM Legal	3/1-3 Rhone Ave	839 4000
Gold Star Takeaway	564 Te Atatu Rd	834 8838
Golden Key Takeaways	546c Te Atatu Rd	834 6690
Golden Touch Barber	3/538 te atatu Road	020 4093 7797
Greens	572 Te Atatu Rd	834 6176
Haddad Takeaways	538 Te Atatu Rd	834 6429
Hammer Hardware	568a Te Atatu Rd	834 6210
Happy Island Variety Store	552 Te Atatu Rd	027 3058016
Harveys Real Estate	530 Te Atatu Rd	834 6155
Highwire Electrical Ltd	2 Waikura Dr	027 244 9473
Hohepa Chartered Accountants	42 Spinnaker Dr	834 3712
Hospice Op Shop	568 Te Atatu Rd	834 1291
House of Patchwork	574 Te Atatu Rd	834 9641
Jenny Craig	84 Gunner Dr	834 8924
John Chan Takeaways	578b Te Atatu Rd	834 5246
Johnston Design Ltd	617 Te Atatu Rd	021 130 5098
K&A Bargains	542a Te Atatu Rd	834 8986
Khawhom Thai Restaurant	80 Gunner Drive	834 9998
KJ Nally Barristers and Solicitors	534 Te Atatu Rd	834 9995
L.A. Inspection Services Ltd	550b Te Atatu Rd	834 0346
Loader Legal Ltd	93 Bordeaux Parade	360-0436
Loaves and Fishes Catering	570 Te Atatu Rd	817 2285
McDonald's Te Atatu	543 Te Atatu Rd	215 5542
Meyers Plumbing	8 Kawai Rise	027 2795912
Mi Physio	543 Te Atatu Rd	264 0105
ML Accounting Taxation Ltd	552 Te Atatu Rd	272511208
Mr Illingsworth	571 Te Atatu Rd	953 4377
Mortgage Supply	3/1 Rhone Ave	834 8682
My Laundry	3/570 Te Atatu Rd	021 022 92894
Newdays Espresso	578a Te Atatu Rd	834 8883
Noodle Canteen	554 Te Atatu Rd	834 1328
NVS Hair Salon	2/95 Vodanovich Road	837 1919

NZ Home Loans	28 Vera Road	027 2056393
Odessa's Mini Mart	615 Te Atatu Rd	834 2544
Opal Dental	518 Te Atatu Rd	834 6359
Orient Bakery	560 Te Atatu Rd	834 8382
Park in the Bar	3 Pringle Rd	834 7396
Peninsula Bakehouse	548 Te Atatu Rd	834 0688
Peninsula Blooms	540 Te Atatu Rd	834 7778
Peninsula Hair Ltd	574 Te Atatu Rd	834 5120
Peninsula Kitchen	2/460 Old Te Atatu Rd	834 7111
Peninsula Law	631 Te Atatu Rd	834 5389
Peninsula Medical Centre	382 Te Atatu Rd	834 6300
Peninsula Physiotherapy	382-386 Te Atatu Rd	834 9329
Peninsula Roast	572b Te Atatu Rd	834 0525
Peppermint Twist Icecream	607 Te Atatu Rd	834 9941
Pform.nz	Venue: TAP Community Centre	0800
736 766		
Pita Pit Te Atatu	543 Te Atatu Rd	834 6058
Pizza Landing	578c Te Atatu Rd	834 7492
Premier Residential Ltd	14 Neil Ave	027 2963451
Radiant Nails and Beauty	571 Te Atatu Rd	214 7001
Ray White-Buy West Realty Ltd	1 Rhone Ave	834 6789
Reds Traditional Barbershop	3a/571 Te Atatu Rd	973 4014
Refill Nation	571 Te Atatu Rd	218 6849
Remedy Natural Helath	Suite 3, 552 Te Atatu Rd	0272 REMEDY
Restore Wellbeing	Suite 3, 552 Te Atatu Rd	600 1166
Right Cuisine	543 Te Atatu Rd	838 8948
Rodgers Reidy (NZ LTD) Insolvency	Lvl 1 547 Te Atatu Rd	834 2631
Sam's Roast	1/570 Te Atatu Rd	834 6638
SBA (Small Business Accounting)	611 Te Atatu Rd	834 0584
Shahi Dawat Restaurant	547 Te Atatu Rd	834 1239
Spynedoctors chiropractic	80 h Gunner Drive	0800 SPYNED
Stitches Alterations	607 Te Atatu Rd	834 4688
Supa Fruit Mart	3/1 Rhone Ave	834 2473
Sushi Ami	5/80 Gunner Dr	834 0010
Sushi and Bento	546b Te Atatu Rd	834 1060
Swimsation Swim Schools	22 Waipani Rd	948 2414
Suzanne Clark Family Law	4/554 Te Atatu Rd	834 8139
Tank	543 Te Atatu Rd	834 0200
Tass Print	534 Te Atatu Rd	834 6338
Te Atatu Butcher	1/1-3 Rhone Ave	834 5158
Te Atatu Chiropractic	550a Te Atatu Rd	834 0440
Te Atatu Discount Superette	542 Te Atatu Rd	834 2089
Te Atatu Engraving & Gifts	562 Te Atatu Rd	834 6143
Te Atatu Fisheries	613 Te Atatu Rd	834 6998
Te Atatu Health	544b Te Atatu Rd	900 11 11
Te Atatu Menswear	548 Te Atatu Rd	834 6470
Te Atatu Peninsula Laundry	3/570 Te Atatu Rd	021 022 92894
Te Atatu Memorial RSA	1 Harbourview Rd	834 3698
Te Atatu Union Church and Op Shop	2 Taikata Rd	834 3228
Thai Flavour	572a Te Atatu Rd	834 0646
The Fish and Chippery	568 Te Atatu Rd	834-3638
The Great Scott Company	107 Tiroroa Ave	021 555 388
The Property Market	571 Te Atatu Rd	965 3656
The Sugar Grill	571 Te Atatu Rd	834 0333
The Well	609 Te Atatu Rd	223557031
Three Monkeys Tattoo	84 Gunner Dr	834 4206
Top Well Bakery	3/82 Gunner Dr	834 2328
Uneek Cutz	6/547 Te Atatu Rd	834 0100
Unichem Peninsula Pharmacy	550 Te Atatu Rd	834 6303
Village Wines	571 Te Atatu Rd	834 7825
Vivo Hair and Beauty	546A Te Atatu Rd	834 6020
Waitakere Foot Podiatry	543 Te Atatu Rd	834 0198
Waves Laundromat	Unit 2 543 Te Atatu Rs	c/-834 6058
West Auckland Counselling	552 Te Atatu Rd	834 7322
Wine Villa	544a Te Atatu Rd	834 4992