

Next issue: Autumn

Advertising booking deadline:

February 1st, 2023

Delivered: March1st, 2023 (approx.)

Disclaimer: Views on T.A.P. is the magazine of the Te Atatū Peninsula Business Association, Advertising statements and editorial opinions expressed in the magazine do not necessarily reflect the views of the Association or the Committee unless expressly stated. Any communication can be forwarded to the Editor at the contact details provided. The contents may not be reproduced in any form without the written permission of the Editor. No responsibility is accepted for the Author's suggestions and conclusions, or for any errors or omissions.

### Contact Information:

For advertising enquiries or to submit editorial copy, email: manager@teatatupeninsula.co.nz.

### Circulation: 10,000 copies.

Delivered free to homes and businesses in Te Atatū. Available in selected libraries. cafés, street boxes and visitor accommodation.

### Published online at

www.teatatupeninsula.co.nz

# Designed by

Pages Design & Print Services Ltd.

# **Advertising Rates:**

# **TAPBA Members:**

Full page \$644.00 plus G.S.T \$336.00 plus G.S.T ½ page 1/4 page \$185.00 plus G.S.T \$157.00 plus G.S.T Non Members: Plus 10%



### Te Atatū Peninsula Business Association Committee:

Chairperson Michelle Nuttall (West Auckland Counselling)

Treasurer Peter Hohepa: Hohepa Chartered Accountants Ltd

### Committee Members

Kiseon Hong: Waitakere Foot Te Atatu

Tania Billingsley: Te Atatu Investments Richard White: Harcourts Te Atatu Jackson Mulligan: Refill Nation Dilys Davies: Te Atatu Union Church Sean Greenshields: McDonald's Te Atatu Helen Overington: Stitches Alterations

Town Centre Manager: Robynne Pringle

**VIEWS ON TE ATATŪ PENINSULA** 

# FROM THE COMMITTEE

# Here we are at the end of another vear that at the start included traffic lights, restrictions, and masks and toward the end has felt somewhat normal!

What a trying time for us all over the last couple of years. The TAPBA committee wishes everyone the best summer, ever.

We like to greet the new faces in our town centre, and we say hello to Tony Buckwell, Barfoot and Thompson Te Atatu's new manager, on page 3.

In this issue we catch up with Rivercare Group as it continues its work advocating for and protecting our local awa, Te Wai o Pareira. It is wonderful to have a group so passionate about our local waterway. Read about their work on page 5.

We also take a look at a flock of endangered kuaka at Spinnaker Reserve in Te Atatū. The wooden birds painted by local students, aim to draw attention to the endangered migratory birds that fly here from Alaska every year. The artworks are featured on our cover, and you can read about them on page 7.

The Te Atatu Peninsula Business Association welcomes two new volunteer committee members, Tania Billingsley of Te Atatu Investments (The Point) and Richard White, Manager of Harcourts Te Atatu. The Association has some exciting projects lined up for the year ahead including investigations into establishing a composting hub for businesses, to help our town centre combat climate change and the establishment of an Art and History Trail to showcase our beautiful area. We look forward to updating you on progress.

Our Christmas tree and wreaths are up and TAPBA is very thankful to Tasti Products for continuing to store the very bulky items during the year, when we are not using them. This saves us a lot of money on storage fees and we appreciate the help.

Thank you for supporting our local shops this Christmas. Seasons greetings and best wishes to all.

TAPBA Committe •

All the best.



**VIEWS ON TE ATATŪ PENINSULA** 



▲ Tony Buckwell

# Barfoot and Thompson Te Atatu's New Manager Tony Buckwell

Barfoot and Thompson Te Atatu's new Branch Manager feels like he has come home. Tony Buckwell grew up in Te Atatu and says he is enjoying working in a community that is so familiar to him.

Tony went to Flanshaw Primary and was an altar boy at the Holy Family Catholic Church in Taikata Road, moving on to Liston College and flatting in West Auckland before marrying.

Tony says although the local demographic has changed and there are new shops, he knows the neighbourhood and its history, and much of it still feels like it did when he was a boy.

Tony came from real estate sales to

take over from long term manager Leonie Higgins, who has moved to a city role, and says the set of

values that has driven him through his career remains the same in his new role

Tony was an early adopter of new technology, being one of the first agents to use videos to showcase properties. "I have brought that innovation mind-set with me," he says.

Tony says although the local demographic has changed and there are new shops, he knows the neighbourhood and its history

Married for 20 years, with two teenaged sons, Tony now lives in Hobsonville Point. He would like to see the kind of community engagement used in the planning of Hobsonville Point, employed during the intensification of Te Atatu Peninsula. He supports having a long term vision or masterplan for the town centre hub. "If it's done well, it creates a sense of place and real energy for a community" •

Membership is easy. You can join

We are Te Atatu and we are here for you

Friendly **Environment** 

# JOIN LIFE AT

**Tournaments** throughout the country

Have your own function, no charge - this is your club

Games at no cost. **Darts** 

Pool Snooker Why pay \$2 a game?

Catering to your needs

Insurances **Banking** 

Communities within Communities

Sport on the **Big Screen** 

**Entertainment** 

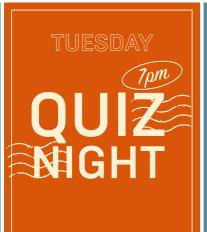
Contact office@teatatursa.co.nz 834 - 3698

**Thursday & Friday** courtesy vehicle pick up & drop off **Club Member Benefits** 

Food glorious food!













571 TE ATATU ROAD, TE ATATU PENINSULA MRILLINGSWORTH.CO.NZ | 09 953 4377 VIEWS ON CONSERVATION

# Rivercare Group Frustrated with Progress

Advocates for our local awa Te Wai o Pareira (Henderson Creek), are devastated by both the water quality of our precious resource, and the lack of tangible improvements to address the frequent wastewater overflows.

Recent rain saw Manhole 10 in Taipari Strand overflow continuously for 24 hours, in what Rivercare Group's Chris Ballantyne describes, as a geyser of sewage.

"We are working hard in the space," says Chris " but we are deeply frustrated. We've identified the problems, made suggestions, but we can't fix inadequate infrastructure. We have had a collaborative relationship with Watercare for nearly two years, but we have not yet seen tangible progress."

Rivercare Group will make a presentation to the Henderson Massey Local Board soon, with crucial data and a summary of research undertaken by the group on Te Wai o Pareira, highlighting frequencies of overflows and the magnitude of the problem. They will also make a submission to Watercare's Wastewater Network Strategy.

Rivercare Group has documented 69 wastewater overflows from July to September this year and claims that of the 69 overflows, 13 of them were outside the performance targets of Watercare's Network Discharge consent conditions.

Pathogen levels in the water have also been recorded and the group's data claims there were 88 measurements above the Ministry of Health's guidelines. Of those, they found 14 were at, or above the highest level that can be measured (24,000 mpn). The MoH advises any measurement above the recommended level (280 mpn or 550 mpn) can cause illness in humans or their pets.

"It is important to note that everyone can check the SafeSwim site (safeswim.org.nz) before using the awa to confirm it is safe from these high pathogen levels," says Chris.

There are more than 42,000 homes in the catchment, from Kumeu to Te Atatu. Seventy percent of sewage flowing through the transmission line and straight under our awa, is from suburbs on the Western side of Te Wai o Pareira. After the Northern Interceptor upgrade, the pipes going under Te Wai o Pareira will be de-loaded by diverting some of the sewage to the Rosedale Treatment plant on the North Shore, which should reduce the overflows. In the meantime, Rivercare Group is advocating for short and medium term solutions to achieve a reduction of overflows

The group believes the awa's health should have more of a priority than it is being given, because it directly affects the Waitemata.

" We can't fix the Hauraki Gulf if we can't fix the inputs," says Chris.



A Watercare spokesperson said they understand the community's disappointment that there are ongoing issues with wet-weather overflows into Te Wai o Pareira.

"Unfortunately there is no quick fix. The longterm solution is our Northern Interceptor wastewater transmission project and associated upgrades at the Rosedale Wastewater Treatment Plant, which will be completed in stages over the next 12 years. This will ultimately redirect wastewater flows from Te Atatu and the northern suburbs to the Rosedale Wastewater Treatment Plant on the North Shore, instead of to the Mangere Wastewater Treatment Plant."

"In the short-term, the connection of stage one of the Northern Interceptor to Rosedale Wastewater Treatment Plant will provide some relief by redirecting flows from Hobsonville and Whenuapai to Rosedale, reducing the load on the Te Atatu wastewater network. Stage one of the Northern Interceptor is expected to be in service in the next few years, after the necessary upgrades are completed at the Rosedale plant."

Member of the Te Atatu Marae Whanau, Dion Pou says for Māori, environmental connection is fundamental to a Māori worldview and identity. He says for communities more widely, disconnection with their environment is acknowledged as a major driver of the crises we face today, such as biodiversity, sustainability, and climate.

"Fifteen years represents not just the passage of time, but a whole generation of tamariki robbed of the opportunity to harvest kai or swim freely in their river, and a whole generation of cultural loss for Māori," he says.

"Te Wai o Pareira is a taonga, and so much more than just a polluted urban awa" •

▲ Photo credit
- Rivercare
Group Te Wai o
Pareira

"We can't fix the Hauraki Gulf if we can't fix the inputs" A new flock of endangered kuaka have settled into their home at Spinnaker Reserve in Te Atatū. The wooden birds, part of Community Waitākere's education programme "Wild About Te Atatū," were painted by students at Te Atatū Intermediate and Peninsula Primary. They aim to draw attention to the dwindling population of these migratory birds that fly non-stop from Alaska to Aotearoa every year, a distance of some 12,000 kilometres.

The flock will be removed in March when the kuaka depart Aotearoa to begin their journey north to Alaska to breed, via a stopover in the Yellow

Sea between China and the Korean Peninsula. It will be replaced the following September, celebrating the return of the kuaka and mirroring the migration pattern of these long-haul superstars.

Te Atatū Intermediate students painted their kuaka as part of their enquiry learning unit around the idea of "Protecting our Backyard". Their brief was to learn about the creatures that live in their local area, and to take action in their local community to protect these

taonga. This year, the focus has been on the kuaka,

also known as the bar-tailed godwit. There are currently between around 80,000 of them spread across Aotearoa at this time of the year, including populations in Kaipara, Manukau, Te Atatū and Pūkorokoro Miranda.

The school group has been working with Community Waitākere's Bronwyn Smith, an environmental educator who runs "Wild about Te Atatū".

Bronwyn says the student's designs were inspired by the Whales Tales sculptures displayed around Auckland this year, and it is hoped the kuaka artworks will bring more people to Spinnaker Drive and raise awareness about the endangered species.

The project Wild About Te Atatu is free for schools to engage in and aims to connect and engage students to their local space providing hands-on learning sessions such as monitoring the waterways, planting trees, coastal clean ups and pest trapping the Peninsula.

"Te Atatū is such an incredible place," says Bronwyn. "We need to share the stories of the amazing creatures, like the kuaka, far and wide so people can understand them, and so we can learn how to support them and take care of the places that they rely on."

The kuaka flock artwork, and sign that was developed with support from Birds New Zealand as well as the Te Atatū Marae Coalition and was opened **COMMUNITY NEWS** 

on the 27th October in a small event. The signage shares knowledge about how the mysterious migrations of the kuaka inspired the migration of Kupe to Aotearoa, in a bid to discover the lands the birds were flying to.

During the event, to the delight of the attendees and students from Te Atatū Intermediate, a flock of real-life kuaka landed in the estuary just behind the artworks.

You can see the flock at Waimanu Bay, 72 Spinnaker Drive, Te Atatū Peninsula. The best time to spot kuaka visiting is two hours either side of high tide. Kuaka can also be seen at Harbourview/Orangihina beach reserve •

**Intermediate** students painted their kuaka as part of their enquiry learning unit around the idea of "Protecting our

Te Atatū





We are excited to be back in the community this year with our wonderful Trees of Remembrance!

Christmas is often a time when we think of those we have lost and miss dearly. Our community Trees of Remembrance give you the opportunity to remember your loved one by leaving a heartfelt message on our remembrance trees in selected stores around West Auckland. We invite you to make a donation, which will help us in continuing to provide free end-of-life specialist care to our West Auckland community.

You can make a donation and hang your message on the tree at these stores up until 24th December:

- Bunnings New Lynn, 2/12 Titirangi Road
- Bunnings Westgate, 21 Fred Taylor Drive, Massey
- Pak' n Save, Alderman Drive, Henderson
- · New World, 2/6 Crown Lynn Place, New Lynn



Hospice West Auckland is lighting up our community with Christmas spirit! From 1st December, Hospice House at 52 Beach Road, Te Atatu Peninsula, will be ablaze with stunning lights and colours. Every light represents a precious person we have cared for in their final days. Visit Hospice House from 8:00pm until midnight during December and take time to remember those we miss the most.

Share your pictures of you and your family visiting the lights and tag us on social media: @hospicewestauck •





Whether you are an experienced Real Estate Salesperson and want to take your career to the next level, or you're looking to build a profitable career, we have the training, support and

brand to help you succeed.



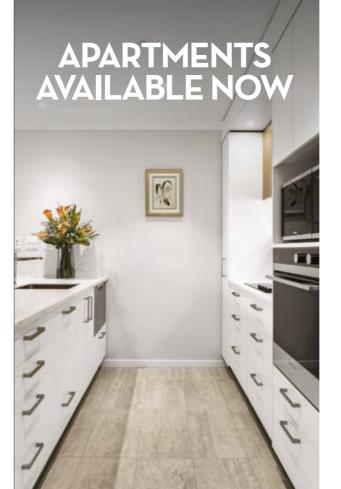
Chris Burton

**Call Tony Buckwell** Branch Manager 021771339 tbuckwell@barfoot.co.nz



Te Atatu 09 834 3570 | 534 Te Atatu Road | teatatu@barfoot.co.nz barfoot.co.nz/te-atatu









Located on Lincoln Road, Miriam Corban Village is conveniently close to everything you need.

- Two-bedroom apartments available now.
- Low-rise buildings offering modern and spacious open plan living with your own balcony or patio.
- Conveniently located on Lincoln Road with supermarkets and local shops on your doorstep.

To view plans call Craig on 0800 545 652 or Rochelle on 0800 545 653

# **MIRIAM CORBAN RETIREMENT VILLAGE**

Sales office and temporary village access via Te Wānanga o Aotearoa, 207 Lincoln Road, Henderson

rymanhealthcare.co.nz





# We would love your help this Christmas!

Our Annual Christmas Hamper Project is underway for 2022! CARE Waitakere Trust and a team of community volunteers are making Christmas hampers for local families living in Te Atatū and surrounding areas.

### Would you like to help with this very special project?

- Please contact Marissa at foodbank@carewaitakere.org.nz for account details if you'd like to sponsor a hamper for \$100-\$150 and we can make a hamper on your behalf. Or make a monetary donation to help fill any gaps!
- If you'd like to give individual hamper items, please see suggested items list and drop off details below

### Ideal Food Items: Think breakfast, lunch, dinner, snacks!

- Cereals, muesli, oats
- Long life milk, tea, coffee, mild
- Spreads (peanut butter, jam etc)
- Snack items (crackers, nuts, potato chips, muesli bars, popcorn)
- Tinned fish
- Baked beans & tinned spaghetti
- Pasta, rice
- Pasta sauce, soup & condiments
- Tinned tomatoes & veggies
- Two minute noodles
- Dishwashing liquid & laundry powde
- Toothbrushes, toothpaste, shampoo/conditioner
- Body wash, deodorant, soan
- Any Christmas treats your own family would enjoy Chocolates, biscuits, mince pies etc

### Delivery Details:

Drop to CARE Waitakere Trust, 64 Waipani Road during business hours or

contact us to arrange a time that suits you. (09) 834 6480

Please contact Marissa if you have any questions or suggestions.









**Connecting Older People** communicare.org.nz He tühononga kaumatua



# Wondering what to get for your kids, grandkids, nieces and nephews?

Wonder no more! At the Te Atatu Toy Library the gift of a yearly membership will allow those special kids to enjoy different toys over the entire year, keeping them engaged, entertained and sparking their imagination.

For a small fee you are able to hire toys for two weeks at a time, giving children time to play and explore the high quality toys both large and small.

We have everything from roller coasters for little ones to building sets for young children. Come on in and be amazed at the amount and variety of toys at your fingertips.

We are open Tuesdays from 12:30 - 2:30 pm and 5 - 7pm, and on Fridays from 9:30am - 12:30pm. Come meet our friendly team Terri and Karen at The Chapel cnr of Beach Road and Waipani Rd, and take a look around.



# Barista, NCEA, Golf, Pottery and 100's of others Adult classes

Learning a new skill or craft generates a sense of achievement and can have a beneficial effect not just for the individual but for their family and community as well, and courses such as painting, boating, dog obedience, cooking or guitar all provide this opportunity.

Our 2023 programme at Rutherford College starts in January and offers both night classes and weekend workshops. Every year there are over 100 different classes to choose from.

If you are looking for a bit of 'me' time away from the responsibilities of work and family this could be the chance to express yourselves creatively or artistically, or if you need to up-skill for work or a new career there are plenty of business and computer courses available.

All of our tutors are qualified in teaching to adults- many of them specialists in their particular field - and you will find that learning is easy in the relaxed social atmosphere of Community Education



Call us - 09 834 4099

or email - commed@rutherford.school.nz **Adult and Community Education Rutherford College** 834 4099 www.rutherfordcomed.co.nz



# TE ATATU FLORAL AND GARDEN CIRCI F

Third Tuesday of the month (February to November) from 7.30pm Te Atatu Bible Chapel Cnr Waipani and Beach Roads, Te Atatu Peninsula

Visitors welcome - \$2 at the door

Our aim each month is to have either a floral demonstrator or an experienced garden speaker

For more club information please email teatatufloralandgardencircle@gmail.com



# DECEMBER MULTISPORTS WITH SYNERGY SPORTS CHRISTMAS MAKE AND GIVES WITH THE RECREATORS IN THE LIBRARY 11AM - 1PM CHRISTMAS TREES WITH TAP:LAB IN THE LIBRARY 1 - 3PM

Henderson-Massey

Te Atatu Community Hub will be running a range of activities/events and programmes over the summer months including pop up Christmas activations on Dec 20th, 21st and 22nd, some fun activities during the January School Holidays, Chinese New Year Celebrations in the last week of January, events for PRIDE in February plus the World of Cultures in March!

Keep an eye out on our Facebook pages (Community Centre & Library) for dates, times and more details

# Te Atatu Peninsula Library

Te Ara Poutama – Level Up Summer Reading Challenge

12 December 2022 – 20 January 2023

5 – 12 years online via Beanstack or pick up a booklet from the library

13 – 18 years online via Beanstack

Come and talk to us about how to register online and be in to win some great prizes









# PENINSULA MEDICAL

Keeping you and your family safe

# Come and discover the heart of West Auckland health care Same day GP appointments available!

We have a new and experienced GP starting from the end of January 2023!



# Welcoming New Patients

Te Atatu Rd

GP Care
Nurse Services
Separate Respiratory Clinic
&

# **COVID Testing area**

Our facility enables us to provide all our services in separate & safe areas.

# Specialist - Dr. Brendon Aish available fortnightly at our clinic!

Treatment of varicose and spider veins

Please talk to your GP for further information & referral.

Please visit W W W . 0 8 0 0 V E I N D R . C O M for more information

Peninsula Medical Centre
382 Te Atatu Rd, Te Atatu Peninsula
www.peninsulamed.co.nz
Phone 09 834 6300

Summer Opening Hours:

Mon – Fri

8:30 am –5:30pm

\*\*See website for Christmas & New Year Hours



VIEWS ON TE ATATŪ PENINSULA

# Friendship and Activities for Seniors

Communicare is a not for profit which was established in 1959, fully committed to engaging the Seniors of Auckland, with 21 centres around Auckland.

Communicare has three West Auckland Centres, one being in Te Atatu. This centre has been running for over 49 years. They meet in The Chapel on the corner of Beach and Waipani Rd on Thursday mornings.

Our members are very enthusiastic and love to attend playing indoor bowls, board games cards and craft, and outings and now we are implementing digital literacy.

Communicare extends to more than just meeting once a week, because they are members, we are able to keep in touch with them outside of Centre days, often visiting members should they be unwell, or just checking in to see if they need any help.

During Covid we kept in touch with our members with regular phone calls and when we were able to, organized books, puzzles and activities to be dropped off to those who needed them.

With the support of volunteers, all centres are supported by a coordinator who ensures the activities

are suited to the participant's needs.

This year Communicare has increased its services and is now implementing digital literacy and also has a social worker available to support our more vulnerable members.

We welcome new members to come and visit the centres and have a cuppa and we are also reaching out for volunteers. We always need volunteers.

The website for more information is www. communicare.org.nz or phone the office on PH 09 6315968 •

With the support of volunteers, all centres are supported by a coordinator who ensures the activities are suited to the participant's needs.





12 **VIEWS ON TE ATATŪ PENINSULA** 

# Night Classes at Rutherford College ... nearly 50 years on

## by Andrea Cameron

Historically the purpose of community education has been to not only provide adult students with the opportunity for on-going learning, but to also open up the school to the community. Greater involvement by the community in the school and in the use of school facilities is thought to lead to greater acceptance of the school as part of the community and a reduction in such things as property damage and mischievous behaviour.

## Where it all began

In 1974, the then Rutherford High School was one of four pilot schools selected by Education Minister Phil Amos to share resources with their communities. In 1978, under Education Minister Les Gandar, Rutherford College, along with seven other schools nationwide, were re-designated as Community Learning Centres.

The next big step, historically, was the enrolment of adult students in ordinary school classes - at both Rutherford and Aorere College. This was achieved through an amendment to the Education Act in 1975 and it was the first time in the Western word that adults and adolescents were taught together. Despite the sceptics this was a success, and by 1979 there were over 2300 adult enrolments at 190 schools. (The success at both schools was enhanced by on-site early childhood centres.) In the same year there were a further 10,300 adults enrolled for secondary school subjects with the Correspondence School. By 1987 most secondary schools in NZ



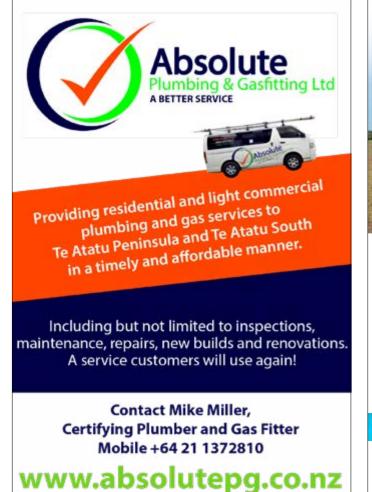
▲ Computer course circa 1990's

were provided with funding to run adult learning classes to meet community need and administer funding to support community organisations providing adult learning opportunities.

# Where we are at now......

Much of what Rutherford Community Learning Centre was originally set up to achieve still carries on. Rutherford provides adults who have missed out at school with access to gain qualifications in a safe and friendly learning environment, with support from qualified tutors who understand the needs and aspirations of adult learners. The classes have trained teachers, well equipped, resourced classrooms, and clean, safe, public buildings available in the evening.

We offer over 200 courses a year, so if you are looking for a bit of 'me' time away from the responsibilities of work and family this could be the chance to express yourselves creatively or artistically, or if you need to up-skill for work or a new career there are plenty of business and computer courses available.





# **Need a Sparky?** Call Your Local

Family owned and operated, Allworkz is a dynamic team of residential and commercial electrical specialists. Based right here in **Te Atatu Peninsula**, supported and trusted by locals for over 9 years.

Contact Ryan today for FREE QUOTE or no obligation chat.

021 519 225 | 0508 ALLWORKZ

ryan@allworkzelectrical.co.nz | 4 Holman Road, Te Atatu Peninsula

www.allworkzelectrical.co.nz











13 **VIEWS ON FOOD AND WINE** 

**7**e have earned this summer. After a dismal wet winter, it feels comforting when warm sunlight hits your skin, as if the solar beam is recharging your body and mind. Doesn't warm temperatures encourage us to do more alfresco dining and entertaining? It's also a fun time of the year to try new vintage wines, along with new season vegetables and fruits.

Here are some wine and food matching ideas to start a meal or served as light snacks on lazy weekend afternoons.

Grilled asparagus with lemon juice, olive oil and Parmesan. This simple but classic offering goes brilliantly with sauvignon blanc. The wine delivers punchy flavours with crisp acidity, enhancing asparagus' vibrant fresh flavours.

Prawns and mussels with wasabi mayo. Succulent meat combined with creamy mayo and a hint of wasabi kick is a lovely way to start a summer party. You can't beat sparkling wine with this. Bursting bubbles in your mouth with creamy texture and refreshing mouthfeel are perfect with most seafoods. Chardonnay works well too with the wine's generous weight and supple texture.

Vietnamese fresh rolls. Fillings can vary from a mix of finely sliced vegetables, leftover shredded chicken and herbs, or prawn and pork combo. The slightly sweet sauce makes the wine matching a little tricky. I find pinot gris pairs delightfully well. The wine also has subtle sweetness and mellow acidity, allowing freshness of the roll to sing while complementing the sticky sauce.

Party platters. It can include cheeses, cured meats and grilled vegetables, plus hummus, pâté, pastes and fruits. Not surprisingly sparkling wine goes well almost all of these. Another option is rosé. It's light and refreshing with whisper of fruit sweetness, making is super-versatile and easy to enjoy with a variety of nibbles.

Tacos. You can go wild and daring with this. A fun way to serve is to offer several filling choices and people can build their own tacos. It does require a bit of prep but it gets people engaged and entertained. These are generally richly flavoursome with a spicy kick, needing equally bold wines to tango. Shiraz is a great match, as it provides opulent fruit flavours with spicy nuances. Tempranillo is another excellent option. This is rounder and smoother than shiraz with plump mouthfeel.

Chicken skewers. Whether it's overnight marinated in yoghurt and garam masala, or served with nutty satay sauce, these tender pieces of charred chicken are irresistibly tasty. I tend to go for a red rather than white. Pinot noir is a great friend with flavoursome chicken dishes. Grenache (similar in body and weight to pinot) is another excellent choice if you want something a little different.

While you have the hibachi grill smouldering hot, why not put vegetable skewers with mushroom, cherry tomato, eggplant, courgette etc, and serve them with beetroot humus dip. Flavour and texture explosion here. Cooling rosé would be awesome, or creamy chardonnay can be comfortingly delicious with them too, or even pinot noir with the wine's soothing texture will enhance these delicious summer veges.

Happy sipping.



Sam Kim wineorbit.co.nz

Shiraz is a great match, as it provides opulent fruit spicy nuances.

# Views on food

# Robynne Pringle

Taking inspiration from Sam Kim's food and wine ideas, here is a recipe for Summer Rolls. Add or change salad ingredients e.g. avocado, or alternative proteins such as shredded chicken. Have fun!

### SUMMER ROLLS:

### INGREDIENTS

100 grams (approx) fine rice noodles peeled and deveined shrimp (optional) A julienned carrot

A julienned cucumber

1/4 of a shredded lettuce or red or green cabbage Bean sprouts

fresh mint & basil leaves 8 large rice paper sheets

### FOR PEANUT SAUCE

1/2 cip smooth peanut butter

1 tbsp. soy sauce

2 tbsp. rice vinegar

1 clove garlic, crushed

2 tsp. maple syrup



Place noodles in bowl, cover with boiling water; let stand about 5 minutes or until just tender, drain. Cut noodles into shorter lengths. If using shrimp, poach salted boiling water until just become pink and

Place a sheet of rice paper in medium bowl of warm water until just softened. Let the water drain from it then place on work surface and place some noodles in the center of the sheet and top with some of all the vegetables, horizontally, then on top place a couple of shrimps if using, then a basil and a mint leaf. Fold over the edge of rice paper closest to you to enclose filling, folding in sides as you roll. Repeat to make the rest of your rolls.

## FOR PEANUT SAUCE:

Whisk all the ingredients to blend and serve in a shallow dipping bowl. •

14. VIEWS ON COMMUNITY SAFETY

# s summer fast approaches home and vehicle security becomes more important.

With summer comes heat therefore people will be opening windows during the day and leaving open during the night, sometimes inviting unwanted guests and I'm not just talking mosquitos. Opportunist thieves will take any opportunity offered to grab what they can. Security stays on windows and outside security lights are a good deterrent as too are security cameras.

This also applies to vehicles. Make sure to lock your vehicle and put the windows up when at home and at the beach. Do not leave any valuables in your vehicle such as phones, wallets and handbags. Remember it will take a thief 10 seconds to smash your window and grab it, but it will take you far longer to replace the things taken.

Police will be out and about during the summer with our usual beach patrols in place. We will be highly visible out on the roads to keep all road users safe.

Please just remember summer and Christmas are meant to be happy times so take care and if you are going out to celebrate don't drink alcohol and drive.

Have a safe and very Merry Christmas and New Year. Cheers Senior Constable Carlo De Martin **Te Atatu Community** 

Constable





- Eye Examinations
- High Quality Eyecare& Eyewear
- FREE glasses for kids\*
   \*conditions apply

www.cassidyeyecare.co.nz

Te Atatu: (09) 834 9070 84 Gunner Drive

New Lynn: (09) 827 2149 3080 Great North Road ēnā koutou

Wow! Christmas is almost here and hopefully we'll be enjoying it with the longer days and the coming good weather.

If you purchase a real Christmas tree, it's a good idea to saw the stump and put it in a bucket with water, so the moisture keeps the tree from drying out fast. Christmas lights are fine to be used on a multiboard, as they don't draw too much power, like irons, fridges, microwaves etc. These should always be plugged directly into the wall outlet.

Hopefully our heaters will be put away for the rest of the year, but summer does mean we may be using our BBQs more.

Please ensure your BBQ fittings are tight and secure, and there's at least 1 metre of clear space around the BBQ. Use the soap bubble test to make sure there are no leaks.

Most fire fatalities occur in rental properties without working smoke alarms. For this reason, we are asking that you make sure, not only that you have smoke alarms (landlords must supply them for tenants) but that they are working. It's the tenants responsibility to maintain the installed smoke alarm(s), including replacing batteries (if required), for the duration of their tenancy.

If you are taking a trip away and driving long distances, please drive safely and take regular rest stops.

Have a wonderful holiday, stay safe.

Ngā manaakitanga tatou **Te Atatū Fire Station** 



He Waka Eke Noa (Everyone in one canoe, no exceptions)

# TIRED OF THE CRIME IN YOUR COMMUNITY? WANT TO DO SOMETHING ABOUT IT?

'Be the eyes and ears of the Police'

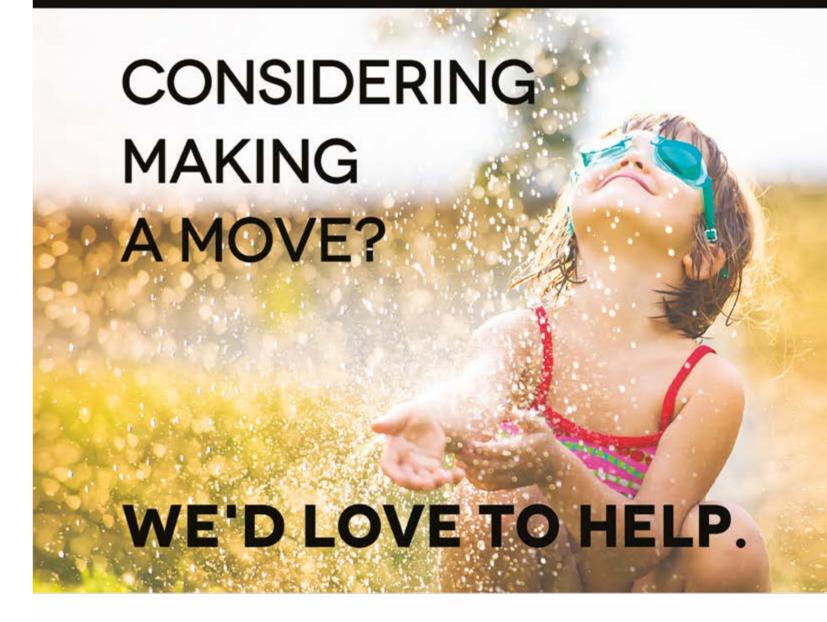


- · Need to pass a police vetting check
- Full training provided
- Work in a team
- Vehicle provided
- Better work stories

Want to know more: E: cpnzteatatu@gmail.com FB: Te Atatu/Glendene Community Patrol



# HARVEYS ESTATE EST. 1918



Whether selling or buying, our multi-award winning sales team will work closely with you to ensure your next property move is your best property move! Call us today to experience our industry leading levels of service and commitment to our most important client - you.

# REWARD FOR REFERRAL

Refer family and friends to Harveys (Elysium Realty Limited), and when they list & sell with us we'll send you a \$500 Prezzy Card.

ELYSIUM REALTY LIMITED MREINZ | 530 TE ATATU ROAD, TE ATATU PENINSULA | 09 834 6155 | HARVEYSHOMES.CO.NZ

# **Business Directory**



	011.1		01.101	500 T At 1 D I	071070
834 Barbers	2 Harbourview Rd	834 8704	Orient Bakery	560 Te Atatu Rd	834 8382
About Face	84 Gunner Dr	834 4018	Peninsula Bakehouse	548 Te Atatu Rd	834 0688
Absolute Plumbing and Gasfitting	6 Mickle Street	021 1372810	Peninsula Hair Ltd	574 Te Atatu Rd	834 5120
Allworkz Electrical Ltd	4 Holman Road	0508 ALLWORKZ	Peninsula Law	631 Te Atatu Rd	834 5389
Anytime Fitness	543 Te Atatu Rd	950 8540	Peninsula Medical Centre	382 Te Atatu Rd	834 6300
Ashton and Gray Hair Design	T6, 547 Te Atatu Road	835 2247	Peninsula Roast	572b Te Atatu Rd	834 0525
Barfoot and Thompson	534 Te Atatu Rd	834 3570	Peppermint Twist Icecream	607 Te Atatu Rd	834 9941
Battery Repack	80G Gunner Dr	834 7246	Pform.nz	TAP Community Centre	0800 736 766
Berlin Clothing Company	548 Te Atatu Rd	834 6470	Pita Pit Te Atatu	543 Te Atatu Rd	834 6058
Between Sisters	2 Harbourview Rd	2108041111	Pizza Landing	578c Te Atatu Rd	834 7492
Café Anatolia	543 Te Atatu Rd	834 7991	Printmark	80G Gunner Dr	836 7246
CareVets	520 Te Atatu Rd	834 4430	Pucker and Wink Beauty Lounge	3/460 Old Te Atatu Road	21608380
Cassidy Eyecare	84 Gunner Dr	834 9070	Radiant Nails and Beauty	571 Te Atatu Rd	214 7001
Chil Body and Hair	84 Gunner Dr	834 4206	Ray White-Buy West Realty Ltd	1 Rhone Ave	834 6789
Chunky Chook	568 Te Atatu Rd	834-3638	Reds Traditional Barbershop	3a/571 Te Atatu Rd	973 4014
Clearstone Legal	1/547 Te Atatu Rd	973 5102	Refill Nation	571 Te Atatu Rd	218 6849
Computer Repairs	80G Gunner Dr	2108747216	Remedy Natural Helath	Suite 3, 552 Te Atatu Rd	0272 REMEDY
Countdown Te Atatu	571 Te Atatu Rd	255 2420	Restore Wellbeing	Suite 3, 552 Te Atatu Rd	600 1166
Dan and Anna Superette	568a Te Atatu Rd	834 6356	Right Cuisine	543 Te Atatu Rd	838 8948
Demolition Deli	570b Te Atatu Rd	834 4698	Rodgers Reidy (NZ LTD) Insolvency	Lvl 1 547 Te Atatu Rd	834 2631
Dominos Te Atatu Peninsula	543 Te Atatu Rd	948 0744	Sam's Roast	1/570 Te Atatu Rd	834 6638
Dream Nail and Spa	538 Te Atatu Rd	834 4924	SBA (Small Business Accounting)	611 Te Atatu Rd	834 0584
Emperor Motors	4a Harbourview Rd	834 8649	SD Bakery and Café	572 Te Atatu Rd	834 3278
Et Tu Bistro	532 Te Atatu Rd	834 5327	Shahi Dawat Restaurant	547 Te Atatu Rd	834 1239
Fresh Beer Brew Company	532 Te Atatu Rd	27 310 1555	Spynedoctors chiropractic	80 h Gunner Drive	0800 SPYNED
Fuze Café	566 Te Atatu Rd	834 8536	Stitches Alterations	607 Te Atatu Rd	834 4688
G4U Dollar Store	556 Te Atatu Rd	880 4321	Supa Fruit Mart	3/1 Rhone Ave	834 2473
GM Legal	3/1-3 Rhone Ave	839 4000	Sushi Ami	5/80 Gunner Dr	834 0010
Go Bananas Childcare Te Atatu	543 Te Atatu Rd	0800 462 626	Sushi and Bento	546b Te Atatu Rd	834 1060
Gold Star Takeaway	564 Te Atatu Rd	834 8838	Tank	543 Te Atatu Rd	834 0200
Golden Key Takeaways	546c Te Atatu Rd	834 6690	Tass Print	534 Te Atatu Rd	834 6338
Golden Touch Barber	3/538 te atatu Road	020 4093 7797	Te Atatu Butcher	1/1-3 Rhone Ave	834 5158
Greens	572 Te Atatu Rd	834 6176	Te Atatu Chiropractic	550a Te Atatu Rd	834 0440
· —	538 Te Atatu Rd	834 6429	Te Atatu Discount Superette	542 Te Atatu Rd	834 2089
Haddad Takeaways Hammer Hardware		834 6210			834 6143
	568a Te Atatu Rd 552 Te Atatu Rd	027 3058016	Te Atatu Engraving & Gifts Te Atatu Fisheries	562 Te Atatu Rd 613 Te Atatu Rd	834 6998
Happy Island Variety Store					
Harcourts Te Atatu	568a Te Atatu Rd	839 1333	Te Atatu Health	544b Te Atatu Rd	900 11 11
Harveys Real Estate	530 Te Atatu Rd	834 6155	Te Atatu Memorial RSA	1 Harbourview Rd	834 3698
Highwire Electrical Ltd	2 Waikura Dr	027 244 9473	Te Atatu Peninsula Laundry	3/570 Te Atatu Rd	027 2338908
Hohepa Chartered Accountants	42 Spinnaker Dr	834 3712	Te Atatu Union Church and Op Shop	2 Taikata Rd	834 3228
Hospice Op Shop	568 Te Atatu Rd	834 1291	Team Gopal - Creative Mortgages	1 Rhone Avenue	021 666 490
Jenny Craig	84 Gunner Dr	834 8924	Thai Flavour	572a Te Atatu Rd	834 0646
Jayde Marie Lashes	4/556 Te Atatu Rd	021 026 61965	The Delicious Bistro	547 Te Atatu Rd	834 6635
John Chan Takeaways	578b Te Atatu Rd	834 5246	The Great Scott Company	107 Tiroroa Ave	021 555 388
K&A Bargains	542a Te Atatu Rd	834 8986	The Green Florist	540 Te Atatu Rd	2000 552
Khawhom Thai Restaurant	80 Gunner Drive	834 9998	The Property Market	571 Te Atatu Rd	965 3656
KJ Nally Barristers and Solicitors	534 Te Atatu Rd	834 9995	The Sugar Grill	571 Te Atatu Rd	834 0333
L.A. Fire Systems Ltd	550b Te Atatu Rd	834 0346	Three Monkeys Tattoo	84 Gunner Dr	834 4206
Loaves and Fishes Catering	570 Te Atatu Rd	817 2285	Top Well Bakery	3/82 Gunner Dr	834 2328
McDonald's Te Atatu	543 Te Atatu Rd	215 5542	Uneek Cutz	6/547 Te Atatu Rd	834 0100
Mi Physio	84 gunner Drive	264 0105	Unichem Peninsula Pharmacy	550 Te Atatu Rd	834 6303
Mr Illingsworth	571 Te Atatu Rd	953 4377	Village Wines	571 Te Atatu Rd	834 7825
Mortgage Supply	3/1 Rhone Ave	834 8682	Vivo Hair and Beauty	546A Te Atatu Rd	834 6020
My Laundry	3/570 Te Atatu Rd	021 022 92894	Waitakere Foot Podiatry	84 Gunner Drive	834 0198
Newdays Espresso	578a Te Atatu Rd	834 8883	Waves Laundromat	Unit 2 543 Te Atatu Rs	c/-834 6058
Noodle Canteen	554 Te Atatu Rd	834 1328	West Auckland Counselling	552 Te Atatu Rd	274395957
NZ Home Loans	28 Vera Road	027 2056393	Wildflours Cakery and Coffee	6/80 Gunner Dr	2041155245
Odessa's Mini Mart	615 Te Atatu Rd	834 2544	Wine Villa	544a Te Atatu Rd	834 4992
Opal Dental	518 Te Atatu Rd	834 6359			