

Views on TAP.

THE WINTER ISSUE

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Business on TAP.
Te Atātū Peninsula

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FROM THE COMMITTEE

What a challenging first half of 2023! The weather just won't let up, and while it is hard to find any positives amongst weather events and the worst summer and autumn for some time, maybe climate change awareness is something we all have a little more of, as we go into winter?

Town centres have to rise to the climate change challenge and TAPBA is looking at ways we can help our businesses operate more sustainably. Collaborating between community agencies and cafes to 'rescue' good, unsold food is one way we can do that.

Another harsh aspect of the year so far, is an upswing in burglaries in our town centre. While we can't prevent people from committing crimes, we can help our businesses make themselves less of a target and we are exploring ways of getting this information around 'target hardening' out to our businesses.

Read about the experience of one of the business owners on P7, and check out our Safety Page on P14 with the latest message from Senior Constable Carlo de Martin, Te Atatu Community Constable.



Just to top everything off, the cost of living is affecting all of us badly – customers and businesses alike. In this issue, we have an interview on P3 with CARE Waitakere and some tips on budgeting.

We also further explore the issue of illegal dumping in our area. This on-going problem has a devastating effect on our community, both visually and economically. We talk to Councillor Shane Henderson about a way forward.

After all that, we need to lighten up and what better way than with a game of pickleball. Originally played in Washington, USA you can join in on this fun and social game at the Te Atātū Community Centre. Read about it on P11.



Here's hoping that the second half of 2023 is a little easier on us all.

All the best.

TAPBA Committee •



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CARE helps locals tackle cost of living

CARE Waitakere’s services are in demand, as more and more local families need help to tackle the cost of living crisis.

Financial Mentor Fiona Halliwell says there has been an increase in clients needing services, across the board. “Double income families who were previously managing are now struggling and falling behind in their mortgage payments,” she says, “and it is not just happening in Auckland”.

Fiona meets online with other financial mentors across the country and she says a lot of agencies are seeing more people in difficulty day to day, struggling to make ends meet.

She says many of the families who bought a house at the height of the market on a two year fixed rate, are

finding they can't cope with repayments and also have to afford food and electricity.

The CARE Financial Mentors give budgeting rather than financial advice, and they can suggest seeking the help of a registered mortgage advisor if they are needed, and help negotiate debt payments down under hardship. Other solutions include debt consolidation, but only if the rate offered, is lower than what clients are already paying on their debts.

Fiona says it often helps for clients just to share the burden, by talking to the Financial Mentors. “People who aren’t financially aware, often that’s the reason they are in a debt situation to start with, but its also why they don’t have the potential solution to help ease out of it.” Fiona says when money is tight, people should do what they can to make each dollar stretch further.



(from left) Marissa Bell and Fiona Halliwell

Food is one of the biggest expenses and everybody has to eat.

CONTINUED ON PAGE 11

PENINSULA MEDICAL

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Help Weed Bin Service Continue

Te Atatu Peninsula residents benefitted from the recent War on Weeds initiative, where large weed bins are provided for free. But misuse of the bins could put this service at risk in the future.

Thanks to funding from the Waitākere Ranges and Henderson-Massey Local Boards, there are 15 bins across west Auckland provided for a month each year, so people can dispose of certain types of invasive weeds. The service helps reduce the risk of the weeds spreading to the Waitākere Ranges Regional Park. Melissa Ward, from EcoMatters Environment Trust, which runs the bin service on behalf of the local boards, says when people use the bins for household waste or regular garden waste, it puts the future provision of bins at risk for everyone.

Many local residents did a great job, using the bins exactly for what they are provided for, and we thank them for their efforts, she says. "Unfortunately, despite our best efforts with clear signage at the bins, there's a few who will use the bin to get rid of things like fruit tree trimmings or household waste".

"We'd like to encourage more people to take the time to check what weeds these bins are provided for. These weeds are carefully selected as they put our precious native bush at risk," says Melissa. "People might be surprised to learn that even as far away as the Te Atatu Peninsula area, seeds of invasive weeds can be transported by wind or birds to the Waitākere Ranges native bush area."

Weeds like wild ginger, woolly nightshade, climbing asparagus, jasmine and moth plant can grow rapidly and quickly take over areas of regenerating native bush. Some can also spread pollen, affecting asthmatics or those prone to hay fever. "When we all do our bit to keep our own properties free of weeds, it helps our neighbours, our local reserves and green spaces and those precious areas of native bush that we want to continue to enjoy and see thrive," says Melissa. •

▼ Melissa Ward of EcoMatters Environment Trust



High Cost to Dumping

Household rubbish dumped in our town centre is not just an eye-sore, it also hits our hard-working retailers in the pocket.

An organisation regularly targeted is Te Atatu Union Church, where they frequently have to deal with household refuse being dumped out the back of the premises, and can be left to dispose of the rubbish at their own cost.

Recently Parish Councillor of the Te Atatu Union Church Dilys Davies, confronted a man who had backed in a trailer with household items like mattresses and was dumping on Auckland Council land behind the church. Dilys explained that what he was doing was illegal and would cost the Council money but he drove off, leaving all the household waste behind.

The church has also had items dumped on their land, and their waste bin broken into, with rubbish dumped in there, as well. The church then has to pay to dispose of the waste, as Auckland Council will not remove items dumped on private

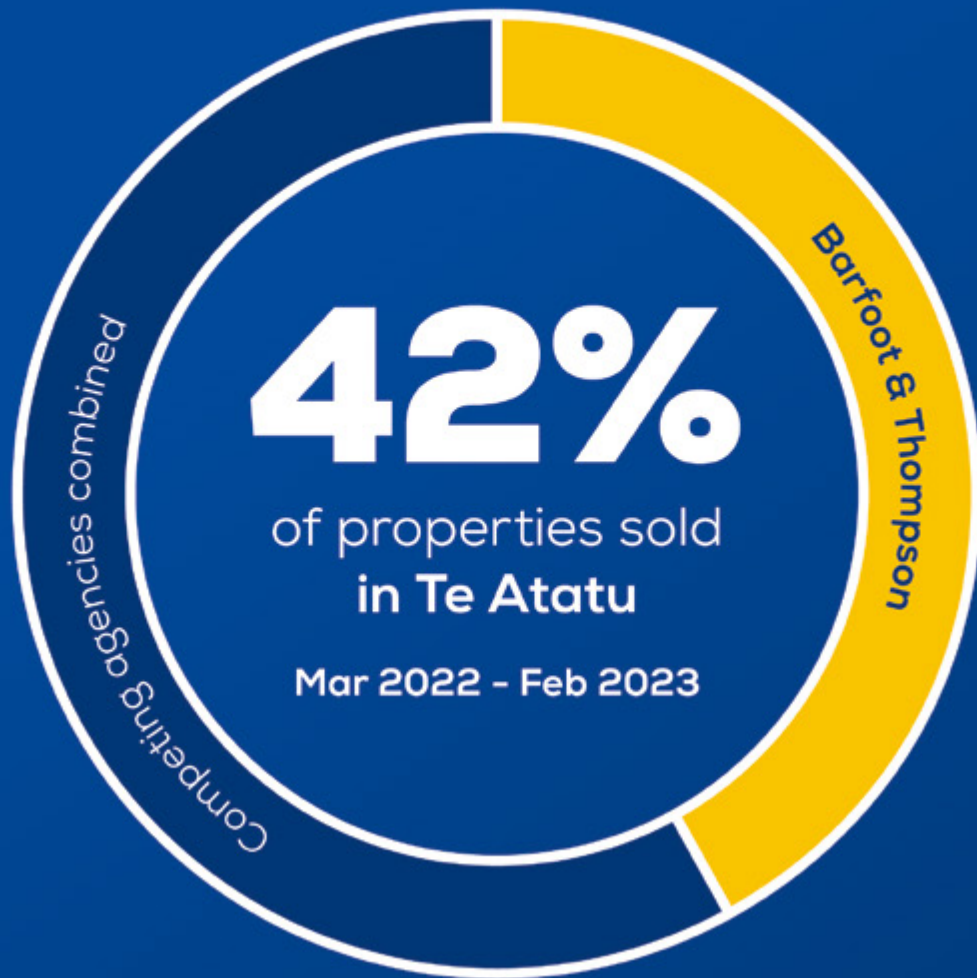
land. For some residences with no garden space or private driveway it is difficult to take advantage of the Council's inorganic collections, which need to be collected from within private property, and not everyone has a car or trailer to take household items to the tip.

Auckland Councillor Shane Henderson says the city's waste solutions will need to adapt as more and more people are living in town houses.

He says he is open to looking at how refuse stations operate, and open to discounts around the fee. "But we can't make it completely free. Making it free does not encourage people to reduce waste."

Shane says things are changing and for example, bin tags will be done away with next year, and the collection fee will instead be paid for through rates. He acknowledges that there are several problem sites for dumping including on Te Atatu Peninsula and Edmonton Road and says local residents shouldn't have to confront offenders who may be rude and aggressive.

Shane would like to see the by-law around illegal dumping enforced more. Currently offenders caught illegally dumping rubbish will be ordered to remove the rubbish and may be issued with a fine of up to \$400. Serious offenders may also be prosecuted under the Litter Act 1979 with a maximum penalty of \$30,000. If you see dumped rubbish on public property, call 0800 NO DUMP (0800 663 867). •



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Hospice West Auckland Extends Social Care Services

Hospice West Auckland's Social Care team specialise in providing patients and their loved ones with psychological, social, emotional and spiritual care from the moment a person comes into their care. The range of services provided at Hospice House, 52 Beach Road, Te Atatu Peninsula, have recently been extended to include acupuncture and pet therapy.

Acupuncture is believed to stimulate the body's natural healing abilities and promote physical and emotional well-being. Benefits can include reduced pain and tension, reduced nausea, and insomnia

support. Sessions are provided by a registered acupuncturist and held every Tuesday.

Pet therapy sessions are run on the first Thursday of every month. Two of Canine Friends' trained pet therapy dogs visit to deliver a dose of joy, playfulness and comfort to patients, carers and whanau.

The new services complement Hospice's extensive array of support designed to improve quality of life, including physiotherapy, music and arts therapy, massage therapy, Rongoa Maori and aromatherapy.

Bookings are essential for all social care services – please contact the team on 0800 834 9755. •



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Te Atatū business a hard target for thieves

Several Te Atatū businesses have been burgled recently, with owners left out of pocket and dealing with losses and damage.

Sean, the owner of one of those businesses says while there was damage to repair, the would-be thieves didn't manage to steal anything and that was thanks to several measures he had put in place. Police had been alerted to the break-in by Sean's monitored alarm. Caught on camera, the group of five thieves split up and broke into four businesses. The man who broke into Sean's business was firstly slowed down by security film covering the glass doors.



Sean says instead of the glass giving way as soon as it was smashed, it took many blows and a lot of effort before the thief could make a hole big enough to step through. Once in, the thief tried to access the restaurant cash and found that the till was bolted in. "Even if he had been able to take it, the cash drawers are all put away at night in the restaurant safe," says Sean.

He says the thief stood and looked at the safe, and then ran back out. "It is common sense stuff. Secure your registers and cash drawers, and if you are able to, get a decent safe. Don't leave cash out and don't advertise that you have got cash on-site, or how much."

Sean says having the security film on the door means if there are staff on site at night, they have time to get to the safe room in the restaurant, which is hard wired with alarms to a security company and the Police. The duty manager also wears a lanyard with a panic button that alerts security.

Senior Constable Carlo de Martin, the Te Atatu Community Constable says simple ideas can make a huge difference in keeping businesses safe.

"I can't emphasise enough, the importance of taking simple measures such as those Sean has taken to deter offenders, because as we know offenders will look for any opportunity," says Carlo. "Police are fully supportive and endorse this."

"Many retailers I have spoken with do not empty their tills regularly. By emptying tills regularly into somewhere more secure such as time-delay safes, the losses will be less real in the event of a robbery. Also, leaving tills empty and open when the store is shut, will deter burglars." Carlo says leaving windows clear and free of obstructions can also help retailers remain more visible to the passing public and less likely to be a target. ●

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Keep an eye on our TAP Hub Facebook pages for events and activities relating to the July School Holidays (1 July -16 July) and Matariki (11 July - 22 July).

<https://www.facebook.com/TeAtatuPeninsulaLibrary>

Te Atatū Peninsula Community Centre | Auckland | Facebook

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Pickleball a hit with all ages

Te Atatu Community Centre is one of the many places in New Zealand where Pickleball fans can play their unique, fun and social game.

However when the club's coordinator Rosanna Leman started it off at Te Pai Tennis Club, it was only the fourth Pickleball club in the country. Pickleball Te Pai is at the Te Atatu Community Centre hall, twice a week, where Rosanna runs it on behalf of the club.

There are 60 plus pickleball venues in New Zealand currently, and more each week. Rosanna says the growth world wide has been phenomenal, with approximately 600% growth per annum, year on year in the United States, where the sport began.

Initially the club was started off with a Sport Waitakere grant. Part of the grant agreement was that the pickleball players coached students from ACG Sunderland school, on how to play the game. Rosanna says they coached eight sessions and in exchange were able to get the equipment needed to start the club off. "Some of the kids are still playing, which is great," she says.

Although there are six courts for players to use, Rosanna says the sessions are so popular with all ages, there may soon need to be a third session. She says this is because the game of pickleball is easy to pick up and play.

"There is a pleasing popping sound when the ball contacts the paddle," she says "It's also a very social sport where you laugh a lot, because it can be so very entertaining."

The pickleball paddle is like a table tennis bat in shape but larger, and with a longer handle and the court is the same size as a badminton court. The sport can be played on both indoor and outdoor surfaces, with a change in the ball for outdoor play.

Rosanna says because there is no running and no overhead serving, it is not an injury-prone game. The rules are simple and easy to pick up. New players are shown the basics and how to serve, and the other players help them learn the game. "it is excellent for improving hand eye coordination and fantastic for fitness," she says "It's like table tennis on steroids."



New players are welcome to join in on Tuesday morning 10am – 12 noon and Wednesday 6.30 – 8.30pm, at the Te Atatu Peninsula Community Centre.

For a list of venues and times throughout Auckland go to pac.org.nz

Pickleball popular at the Te Atatū Community Centre

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CONTINUED FROM PAGE 3

“Save electricity by not leaving appliances on stand, by” she says, “turn everything off. Turn your TV off at the wall, and use timers. Only charge things until they are fully charged, then turn them off. Don’t use a dryer if you can avoid it. You might save \$10 a month you can put toward another bill. And don’t use afterpay!”

Food is one of the biggest expenses and everybody has to eat. Fiona recommends buying fruit and vegetables that have been grown in New Zealand.

Donations are desperately needed for the foodbank, particularly staples and long life food such as canned food, pasta, and rice.

“ Buy seasonally, and do without imported foods because they are significantly more expensive,” she says. “Cook more, stay away from takeaways and take advantage of specials”.

CARE Waitakere’s Foodbank Coordinator Marissa Bell says increased demand for food parcels has meant they have had to limit food boxes to one per family, per

month, to cope with the demand. Although if needed, they can collaborate with other food banks and request more help for their Te Atatū clients.

Marissa says each week CARE purchases fresh food to top up the food boxes, and they also need cash donations to cover this cost. She says all local donations stay in the community of Te Atatū Peninsula and Te Atatū South.



Anyone wanting to help, please call 09 834 6480 or got to www.carewaitakere.org.nz.

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Winter sweet treats

Robynne Pringle

We all need cheering up sometimes in winter and a warm pudding is a great way to do that. Here are a couple of pudding recipes to put a smile on family faces. Both these puddings end up with a pool of delicious sauce at the bottom of the dish.

Orange and Lemon Self Saucing Pudding

If you have a big family, double the recipe. This pudding has a gorgeous zesty, jammy sauce.



INGREDIENTS

- 1 cup flour
- 2 tsp baking powder
- ¼ cup castor sugar
- 50 grams butter
- Grated rind of one lemon and one orange
- ½ - ¾ cup of milk
- Sauce:
- ¾ cup castor sugar
- 2 tblsp lemon juice
- ¼ cup orange juice
- ½ cup water

METHOD

Sift the flour, baking powder, and castor sugar into a bowl.
 Rub in the butter.
 Add lemon and orange rind and milk, mix well.
 Spread into a well greased oven proof dish.
 To make the sauce, combine the ingredients and heat until sugar is dissolved.
 Pour the sauce over the batter.
 Bake at 180 C for 40 minutes.
 Serve with whipped cream. •

Chocolate Raisin Pudding

INGREDIENTS

- | | |
|-----------------------------|---------------------|
| 11g soft butter | Pinch of salt |
| 100g caster sugar | ¼ cup of raisins |
| ½ tsp vanilla essence | 2 tblsp milk |
| 2 eggs | Sauce: |
| 1 cup flour | 11g brown sugar |
| 2 raised tsps baking powder | 2 tblsp cocoa |
| 2 tblsp cocoa | 1 cup boiling water |

METHOD

Cream the butter and sugar, add vanilla.
 Add the eggs one at a time, beating well.
 Stir in the sifted dry ingredients and then the raisins.
 Mix well, adding enough of the milk until it is smooth.
 Spread into a greased ovenproof dish.
 To make the sauce, mix the brown sugar and cocoa, add the water, mix until smooth and pour over the pudding.
 Bake in the centre of the oven at 190c for 25-30 minutes.
 Serve hot with vanilla ice cream. •



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Tena koutou, The cold and wet has arrived. It's that time of year again when the heaters come out of storage and the electric blankets are recommissioned. We are hoping everyone is staying nice and warm in the coming, cold, wet and windy weather. We all know with staying inside, brings a few things for us to remember for our own safety.

Remember the 'heater metre' rule: keep flammable materials at least one metre away from any heat sources. Rule of thumb is, it's one heater or larger appliance per plug – no more.

Never cover heating appliances or store objects on top of them.

Some of us are also using electric blankets. If you can, replace your electric blanket every 5 years with newer heat-protected models, which are safer. Don't place heavy objects on the bed while the blanket is on. Worn and old electric blankets can cause an electric shock, fire and possibly even death. Lastly, check your electric blanket is in good working order before you use it and turn it off before you go to sleep.

If you have an open fireplace, please ensure that you have a fire guard/screen to protect from spitting embers and ensure your ashes are not put in the

rubbish bin but placed in a fire proof container in a safe place outside your home and filled with water. Many fires are started from hot embers melting through plastic containers inside or on decks outside a home.

We're also here to help too. At no cost to you, we are happy to visit your home and:

- Check existing smoke alarms to ensure they work and are in the right places.
- Install smoke alarms, if you need them.
- Help you make an escape plan

Call 0800 693 473 or your local fire station to schedule a visit.

Remember, if you're living in a rental home, then it's your landlord's responsibility to supply and install smoke alarms in your house.

Ngā manaakitanga tātou,
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Senior Firefighter

He Waka Eke Noa
(Everyone in one canoe,
no exceptions) ●



Hi all and welcome to the latest instalment of the Police Safety Message.

Winter is coming on fast and with it comes less daylight hours. Unfortunately for some this encourages more offending from those in our communities willing to take advantage of the extra darkness. This happens at home as well as out and about.



It includes a whole range of offending including stealing number plates and vehicles. Simple measures like having tamper proof screws fitted to our number plates, having alarms installed in our vehicles or by simply purchasing a steering lock can be a good deterrent.

Neighbourhood Support together with Police hold regular events throughout our communities for Safer Plates and Tool Engraving. For those unaware we engrave driver licence numbers on tradies tools to discourage theft and make tools more easily identifiable when located. For more information on this go to the Neighbourhood Support website.

For retailers, I would like to tell you that the spate of ram raids has subsided, but it hasn't and now not only jewellery stores and gas stations are being targeted but the range of retailers affected include vape shops and hair salons and it can happen at any time. Any business can be a target if they are seen as easy prey so help yourself to be less vulnerable.

Good prevention measures include fog cannons, bollards, and highly visible CCTV cameras. A front counter till area that cannot be entered from the public side is a strong deterrent.

Police are working hard to identify, locate and hold offenders to account. Good CCTV helps us achieve that so try to keep a well maintained working system.

Begging has also become prevalent outside shops throughout our communities. This is normally associated with disorder and lowering the tone of an area. If you are having problems with beggars, please report it. Something as simple as a trespass order could resolve the issue.

Call 111 if it's happening now or someone is in danger.

Call 105 or go online to 105.police.govt.nz to report something that's already happened.

All the best and stay safe.

Regards

Senior Constable Carlo DE MARTIN,

Te Atatu Community Constable



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CONSIDERING MAKING A MOVE?



WE'D LOVE TO HELP.

Whether selling or buying, our multi-award winning sales team will work closely with you to ensure your next property move is your best property move! Call us today to experience our industry leading levels of service and commitment to our most important client - you.

REWARD FOR REFERRAL

Refer family and friends to Harveys (Elysium Realty Limited), and when they list & sell with us we'll send you a \$500 Prezzy Card.



Te Atatu
Peninsula

Business Directory

24/7 Laundromat	576 Te Atatu Road	276784966	NZ Home Loans	28 Vera Road	027 2056393
834 Barbers	2 Harbourview Rd	834 8704	Odessa's Mini Mart	615 Te Atatu Rd	834 2544
About Face	84 Gunner Dr	834 4018	Opal Dental	518 Te Atatu Rd	834 6359
Absolute Plumbing and Gasfitting	6 Mickle Street	021 1372810	Orient Bakery	560 Te Atatu Rd	834 8382
Allworkz Electrical Ltd	4 Holman Road	0508 ALLWORKZ	Peninsula Bakehouse	548 Te Atatu Rd	834 0688
Anytime Fitness	543 Te Atatu Rd	950 8540	Peninsula Hair Ltd	574 Te Atatu Rd	834 5120
Ashton and Gray Hair Design	T6, 547 Te Atatu Road	835 2247	Peninsula Law	631 Te Atatu Rd	834 5389
Barfoot and Thompson	534 Te Atatu Rd	834 3570	Peninsula Medical Centre	382 Te Atatu Rd	834 6300
Battery Repack	80G Gunner Dr	834 7246	Peninsula Roast	572b Te Atatu Rd	834 0525
Berlin Clothing Company	548 Te Atatu Rd	834 6470	Peppermint Twist Icecream	607 Te Atatu Rd	834 9941
Between Sisters	2 Harbourview Rd	2108041111	Pform.nz	TAP Community Centre	0800 736 766
Café Anatolia	543 Te Atatu Rd	834 7991	Pita Pit Te Atatu	543 Te Atatu Rd	834 6058
CareVets	520 Te Atatu Rd	834 4430	Pizza Landing	578c Te Atatu Rd	834 7492
Cassidy Eyecare	84 Gunner Dr	834 9070	Printmark	80G Gunner Dr	836 7246
Chunky Chook	568 Te Atatu Rd	834-3638	Pucker and Wink Beauty Lounge	3/460 Old Te Atatu Road	21608380
Clearstone Legal	1/547 Te Atatu Rd	973 5102	Radiant Nails and Beauty	571 Te Atatu Rd	214 7001
Computer Repairs	80G Gunner Dr	2108747216	Ray White-Buy West Realty Ltd	1 Rhone Ave	834 6789
Countdown Te Atatu	571 Te Atatu Rd	255 2420	Reds Traditional Barbershop	3a/571 Te Atatu Rd	973 4014
Dan and Anna Superette	568a Te Atatu Rd	834 6356	Refill Nation	571 Te Atatu Rd	218 6849
Demolition Deli	570b Te Atatu Rd	834 4698	Restore Wellbeing	Suite 3, 552 Te Atatu Rd	600 1166
Dominos Te Atatu Peninsula	543 Te Atatu Rd	948 0744	Right Cuisine	543 Te Atatu Rd	838 8948
Dream Nail and Spa	538 Te Atatu Rd	834 4924	Rodgers Reidy (NZ LTD) Insolvency	Lvl 1 547 Te Atatu Rd	834 2631
Emperor Motors	4a Harbourview Rd	834 8649	Sam's Roast	1/570 Te Atatu Rd	834 6638
Et Tu Bistro	532 Te Atatu Rd	834 5327	SBA (Small Business Accounting)	611 Te Atatu Rd	834 0584
Fresh Beer Brew Company	532 Te Atatu Rd	27 310 1555	SD Bakery and Café	572 Te Atatu Rd	834 3278
Fuze Café	566 Te Atatu Rd	834 8536	Shahi Dawat Restaurant	547 Te Atatu Rd	834 1239
G4U Dollar Store	556 Te Atatu Rd	880 4321	Spynedoctors chiropractic	80 h Gunner Drive	0800 SPYNED
GM Legal	3/1-3 Rhone Ave	839 4000	Stitches Alterations	607 Te Atatu Rd	834 4688
Go Bananas Childcare Te Atatu	543 Te Atatu Rd	0800 462 626	Supa Fruit Mart	3/1 Rhone Ave	834 2473
Gold Star Takeaway	564 Te Atatu Rd	834 8838	Sushi Ami	5/80 Gunner Dr	834 0010
Golden Key Takeaways	546c Te Atatu Rd	834 6690	Sushi and Bento	546b Te Atatu Rd	834 1060
Golden Touch Barber	3/538 te atatu Road	020 4093 7797	Tank	543 Te Atatu Rd	834 0200
Greens	572 Te Atatu Rd	834 6176	Tass Print	534 Te Atatu Rd	834 6338
Haddad Takeaways	538 Te Atatu Rd	834 6429	Te Atatu Butcher	1/1-3 Rhone Ave	834 5158
Hammer Hardware	568a Te Atatu Rd	834 6210	Te Atatu Chiropractic	550a Te Atatu Rd	834 0440
Happy Island Variety Store	552 Te Atatu Rd	027 3058016	Te Atatu Discount Superette	542 Te Atatu Rd	834 2089
Harcourts Te Atatu	568a Te Atatu Rd	839 1333	Te Atatu Engraving & Gifts	562 Te Atatu Rd	834 6143
Harveys Real Estate	530 Te Atatu Rd	834 6155	Te Atatu Fisheries	613 Te Atatu Rd	834 6998
Highwire Electrical Ltd	2 Waikura Dr	027 244 9473	Te Atatu Health	544b Te Atatu Rd	900 11 11
Hohepa Chartered Accountants	42 Spinnaker Dr	834 3712	Te Atatu Memorial RSA	1 Harbourview Rd	834 3698
Hospice Op Shop	568 Te Atatu Rd	834 1291	Te Atatu Union Church and Op Shop	2 Taikata Rd	834 3228
Jenny Craig	84 Gunner Dr	834 8924	Team Gopal - Creative Mortgages	1 Rhone Avenue	021 666 490
Jayde Marie Lashes	4/556 Te Atatu Rd	021 026 61965	Thai Flavour	572a Te Atatu Rd	834 0646
John Chan Takeaways	578b Te Atatu Rd	834 5246	The Delicious Bistro	547 Te Atatu Rd	834 6635
K&A Bargains	542a Te Atatu Rd	834 8986	The Great Scott Company	107 Tiroroa Ave	021 555 388
Khawhom Thai Restaurant	80 Gunner Drive	834 9998	The Green Florist	540 Te Atatu Rd	2000 552
KJ Nally Barristers and Solicitors	534 Te Atatu Rd	834 9995	The Property Market	571 Te Atatu Rd	965 3656
L.A. Fire Systems Ltd	550b Te Atatu Rd	834 0346	The Sugar Grill	571 Te Atatu Rd	834 0333
Loader Legal	93 Bordeaux Parade	360 0436	Top Well Bakery	3/82 Gunner Dr	834 2328
Loaves and Fishes Catering	570 Te Atatu Rd	817 2285	Uneek Cutz	6/547 Te Atatu Rd	834 0100
McDonald's Te Atatu	543 Te Atatu Rd	215 5542	Unichem Peninsula Pharmacy	550 Te Atatu Rd	834 6303
Mi Physio	84 gunner Drive	264 0105	Village Wines	571 Te Atatu Rd	834 7825
Mr Illingsworth	571 Te Atatu Rd	953 4377	Vivo Hair and Beauty	546A Te Atatu Rd	834 6020
Mortgage Supply	3/1 Rhone Ave	834 8682	Waitakere Foot Podiatry	84 Gunner Drive	834 0198
My Laundry	3/570 Te Atatu Rd	021 022 92894	West Auckland Counselling	552 Te Atatu Rd	274395957
Newdays Espresso	578a Te Atatu Rd	834 8883	Wildflours Cakery and Coffee	6/80 Gunner Dr	2041155245
Noodle Canteen	554 Te Atatu Rd	834 1328	Wine Villa	544a Te Atatu Rd	834 4992