

Views onTAP.

SPRING ISSUE

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FREE

TE ATATŪ PENINSULA TOWN CENTRE MAGAZINE

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to Get Help**

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Te Atatū Peninsula

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Te Atatū Peninsula

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TAPBA has taken an exciting first step toward creating a thoughtful, design-led Masterplan for the future of our town centre. After extensive community input, the Stage One report for TAPBA's Te Atatū Peninsula Masterplan is now complete.

Good town planning takes time, local knowledge, and expert guidance. This first stage focused on listening - understanding what our community values most. The report captures the feedback we received, early analysis, and ideas for what could come next.

When completed, the Masterplan will guide improvements across the Peninsula, from green spaces to traffic and transport. It has the potential to bring about lasting change for everyone who lives, works, and spends time here.

A big thank you to everyone who contributed feedback - whether through our online survey or at one of our workshops. **To read the full Stage One report, visit teatatupeninsula.co.nz.**

In this issue, we turn our attention to the cost of living. While our community has faced tough times before - from the uncertainty of a pandemic to social isolation and redundancies - the current challenges are hitting families in particularly profound ways. For many, it's difficult to make ends meet. Unemployment remains high, debt is increasing, and some on modest incomes are struggling to cover basics like groceries.

On **Page 9**, we talk with people on the frontline of support services. They confirm the growing number of Kiwisaver hardship withdrawals and insolvency cases. But there is hope. We share information on where to find help managing debt and how financial mentors can offer guidance and relief.

This February, our community was shaken by a serious traffic accident that resulted in a local man losing his leg. His courage has been remarkable.

Not only is he setting personal goals and achieving them, he is also leading a petition to make Te Atatū's roads safer by discouraging speeding. Read his story and learn how you can support his efforts on **Page 15**.

Local community groups continue to inspire. A West Auckland charity, which launched its first Bike Hub in a shipping container eight years ago, has just welcomed its 100,000th visitor. On **Page 5**, we explore their success and ask whether Te Atatū should establish its own Bike Hub.

On **Page 7**, we shine a spotlight on the Don Oliver Youth Sport Foundation, which is calling on local sponsors to help nurture the next generation of West Auckland athletes.

Also on **Page 7**, we explore the possibility of a possum-free Peninsula. While a trapping programme already operates around our waterfront, residents getting involved with backyard traps could make a real difference. And because we all need a little lightness and renewal, don't miss Views on Gardening on **Page 12**. This issue's focus is spring planting, with tips to bring your garden bursting back to life.



As always, thank you for being part of this vibrant community. Wishing you health, happiness, and a bright season ahead.

TAPBA Committee •

All the best.

Celebrating 50 Years of Life-Long Learning

by Romona Toth - Director of Rutherford Community Education

Rutherford College Community Education is proudly marking its Golden Jubilee—50 years of enriching lives through continuous learning.

The journey began in 1972 when Principal Eric Clark, inspired by international models of community use of school facilities, returned from visits to Canada, the USA, and Europe with a bold vision. In his prize-giving speech that year, he championed the idea of schools serving not just students, but also the local communities.

By 1973, staff and seventh form students conducted a survey to assess local needs, revealing strong demand for



▲ Engine repairs

broader continuing education opportunities. This led in 1974 to Rutherford College being designated a “community school” in a pilot scheme alongside Aorere College, Freyberg Primary, and Epsom Normal School. The initiative, supported by the Ministry of Education, included funding, staffing, and the appointment of a Director of Community Education. John Wise, a member of the school staff, took on the role and led the programme until 1976, laying the foundation for what would become a thriving hub of adult education.

By 1985, Rutherford College was offering around 175 courses— many of them run in collaboration with local organisations and powered by community spirit.

Today, Rutherford College Community Education offers over 200 courses, welcoming more than 2,200 adult learners from local communities. From arts and languages to technology and wellness, the programme continues to evolve, reflecting the diverse interests and needs of Te Atatu and surrounding areas. To mark this milestone, we warmly invite you to join us on September 10th, from 6:00 PM to 8:30 PM, for an evening of celebration, reflection, and community connection. Come and be part of the story that continues to shape lives through learning! ●

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West Auckland charity celebrates massive cycling milestone

A West Auckland charity that started their first Bike Hub in a humble container eight years ago has just clocked up 100,000 visitors across the nine hubs it now operates.

It's largely thanks to Aucklanders showing up week after week to buy or donate second hand bikes, or to learn how to maintain the bikes they already have, says EcoMatters Environment Trust's Bike Manager Brent Bielby. It's also been made possible with the backing of a wide range of funders who saw the potential in EcoMatters' original concept, he says.

"We're blown away by the support we've had from Tāmaki Makaurau, which truly shows Aucklanders want access to this type of community service in their lives. It's all about making it easy for people to get on a bike," he says. In the 2024-2025 financial year alone, EcoMatters' nine Hubs have seen over 35,000 visitors; fixed 12,267 bikes with those visitors and sold 2158 bikes that were donated for refurbishment and resale.



▲ Volunteers Wayne and Rudy celebrate with staff Carla, Mark, Andy and Brent.

Of that total, New Lynn Bike Hub saw 4659 visitors; fixed 1704 bikes and sold 265 donated and refurbished bikes. In Henderson, the team saw 3620 visitors; fixed 1437 bikes and sold 307 donated and refurbished bikes.

One of their key focuses is making cycling accessible for short journeys that people often default to driving for, says EcoMatters CEO Carla Gee. "We know that carbon emissions can be significantly reduced by taking this 'everyday' approach to using a bike," says Carla. Brent says reaching the 100,000 mark adds weight to cycling statistics such as Auckland Transport's monthly cycling monitor tool, showing a 4.5% YOY increase in cycling movements around the region, and he believes the influence of the Hubs far exceeds 100,000, because those newly empowered visitors who visit them go back home and share their skills with whānau and friends.

"Cycling counters and other tools are great, but our Hubs give us a much broader, deeper picture of cycling in Tāmaki Makaurau. Our figures indicate that there are more people interested in cycling than is reported in a range of media, and this is so encouraging." ●

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A bike hub for Te Atatū?

Bike Te Atatū's Carol Green says hopefully one day there will be a bike hub in Te Atatū. While the group has held Fix Up days for people needing bike repairs and continues to be a strong voice advocating for local cyclists, Carol says so much more could be done with a local bike hub.

"We love the existing bike hubs, she says. "However, it can be really difficult for people to get a broken bike to Henderson or New Lynn, especially if it's their main form of transport. Imagine if we could have our own bike hub in Te Atatū - keeping it local would be a big advantage!"

Carol says as cycling becomes more and more popular in Te Atatū, it helps build the case for a local hub.



Bike Te Atatū Fix Up day ▲

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Sponsorship Boosts West Auckland's Sporting Talent

The Don Oliver Youth Sport Foundation is calling on local sponsors, businesses, and individuals who believe in investing in the future of West Auckland's athletes.

For almost 30 years, the Foundation has been one of West Auckland's quiet success stories, helping more than 300 promising young sportspeople achieve excellence.

Named after legendary West Auckland weightlifter and community advocate Don Oliver, the Foundation was established in 1996 to give young athletes the financial backing and guidance they need to chase their dreams.

Foundation Chairperson Maurie Abraham says many scholarship recipients have gone on to represent New Zealand on the world stage, from Commonwealth gold medallist Lauren Boyle, and Football Fern Ria Percival, to Olympic boxer Alexis Pritchard and most recently, Paris 2024 swimmer Cameron Gray.

However, the Foundation's mission goes beyond elite sport, says Maurie.

"It is about helping young people stay involved in sport, stay motivated, and stay on track when financial barriers stand in their way."

"The foundation was established to give our young West Auckland athletes the boost they need to move forward in their sporting careers. This support can make a real difference, especially for families managing the high costs of competitive sport."

CONTINUED ON PAGE 14

▼ Chairperson Maurie Abraham with Vicki Hill from Rotary Henderson presenting a sponsorship cheque to the Foundation



Possum Free Peninsula by John Fawcett, Te Atatu Trappers

The Peninsula is an amazing place to live and enjoy. There is water on all sides and a narrow connection to the mainland. Around the edges there are native forests, wet lands, beaches and parks. There is no other place like this in the Auckland region.

Over the past few decades locals have taken to caring for this environment through native plant regeneration, waterway cleanups and pest control. Counting has shown that endangered birds are increasing and native vegetation is recovering.

What if we could do more?

Possums are found all across the Peninsula. People see them constantly in their back yards and in the green areas on the waterfront. We know that



possums eat small birds, raiding nests and consuming the chicks.

We know that possums are voracious consumers of plants. In fact, across New Zealand, possums eat about 21,000 tonnes of vegetation every night!

That's the weight of the Sky Tower! Every night. In the 1990's possums had destroyed 90% of pohutukawa across the country!

Possums spread unwanted plant species by dispersing seeds of noxious plants.

Counting has shown that endangered birds are increasing and native vegetation is recovering

CONTINUED ON PAGE 16

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The high cost of living, and how to get help

For many families, this winter has been especially tough. Rising debt, fewer jobs, and the struggle to put healthy food on the table are everyday realities for households across West Auckland.

The cost of living is a real thing, says Dean Edwards, Senior Financial Mentor with CARE Waitakere, particularly for the low income earners, and the 'working poor'.

"For those who are on near minimum wage and are also renting, that is a hard combination," he says.

Figures from Stats NZ show just how much costs have climbed. Food prices rose 5.0% in the year to July 2025. The grocery food group was up 5.1% due to higher prices for milk, butter, and cheese. Using the cheapest available price option, Stats NZ reports:

- Milk: \$4.70 for 2L (up 16%)
- Butter: \$8.59 for 500g (up 42.2%)
- Cheese: \$13.01 per 1kg block (up 29.5%)
- Meat, poultry & fish: up 7.9%
- Fruit & vegetables: up 7.3%
- Rent increased 2.4% in the year to July 2025

Dean says that after rent, food is by far the biggest expense for those on low incomes. Winter only adds pressure with higher power bills, heating, and transport costs.



"We are certainly seeing more people accessing WINZ help, getting food from foodbanks when they are struggling to feed young families, and asking for help managing debt."

Dean has noticed more people reaching what he calls their last resort options. For example, applying for a Kiwisaver hardship withdrawal, or even insolvency and he says one of the practical things people can do is face their financial struggle head on.

"The head in the sand approach doesn't help."

This proactive message is echoed by Derek Ah Sam of Rodgers Reidy, licensed insolvency specialists in Te Atatū.

Derek says there has been a significant increase in company insolvencies, with business failures reaching levels not seen since 2016 and this trend is driven by the challenging economic environment, closely linked to a substantial rise in unpaid tax debt.

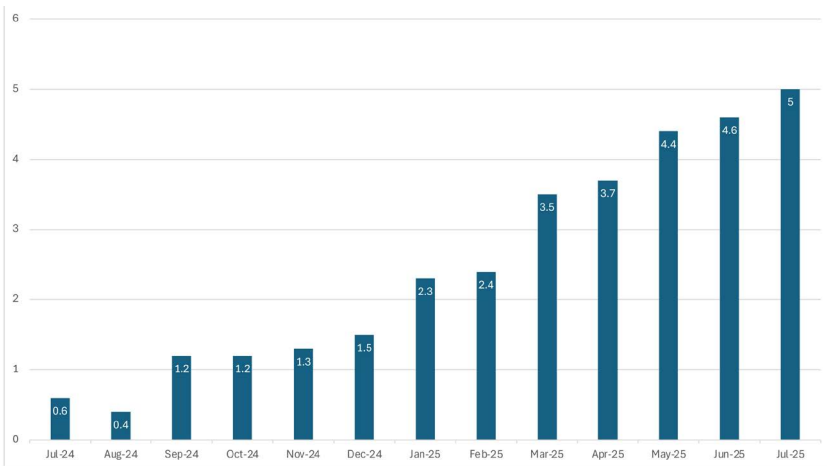
Business directors facing financial difficulty should seek professional advice immediately, he says. The pressure on New Zealand businesses is immense and for directors and their advisors, understanding the landscape and the importance of proactive measures is critical.

Dean Edwards urges anyone struggling to reach out for support from a trained Financial Mentor.

"It's free, non-judgemental, and can really help in all sorts of ways."

Financial mentors can:

- Check you are receiving all the support you're entitled to
- Help with budgeting and making financial decisions
- Share practical tools and techniques for day-to-day money management
- Contact creditors and advocate on your behalf
- In some cases, connect you to interest-free consolidation loans (through groups like Good Shepherd NZ and Ngā Tāngata Microfinance)



Food prices increase percentages from July 24 to July 25. Stats NZ


Figures from www.stats.govt.nz

Where to find help CARE Waitākere Trust

- Call: 09 834 6480
- Email: admin@carewaitakere.org.nz
- Website: www.carewaitakere.org.nz

Other useful resources:


- Money Talks - Find a nearby financial mentoring service: www.moneytalks.co.nz
- West Auckland Foodbanks: foodbank.co.nz/west-auckland
- Ngā Tāngata Microfinance: ngatangatamicrofinance.org.nz
- Good Shepherd NZ: goodshepherd.org.nz



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- Saturday 30th August - Takapuna Library workshop
- Saturday 6th September - Howick Library workshop
- Saturday 13th September - Takaanini Community Hub workshop
- September 20th September - Te Atatū Peninsula Library workshop
- Time: 10:30 am - 12:00 pm

World Children's Day celebration (all welcome!):


- Saturday 22nd November - Te Atatū Peninsula Library



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Views on Gardening

Spring Garden Journal 2025 with Marisa Vodanovich

After the quiet rest of winter, spring arrives with a burst of colour, fresh growth, and the promise of warmer days ahead. Here on the farmlet, the first tulips have already started to bloom—a sure sign that the season is turning and it's time to wake up the garden for the busy months to come.

Fresh Starts and New Growth

Spring is the season of renewal, and your garden is ready to leap back into life. Begin by clearing away any remaining winter debris—fallen leaves, old mulch, and spent plants—to make space for new growth. A light dig-over of the soil and a generous helping of compost or well-rotted manure (sheep or chook) will give your beds the nutrient boost they need for the months ahead.




VOTE
Linda COOPER
Authorised by L. Cooper, 41 Renoir St, West Harbour, 021 440 281

- ✓ Proven Experience
- ✓ Community at Heart
- ✓ Gets Results
- ✓ Works With, Not Against

Authorised by L. Cooper, 41 Renoir St 0618



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CANDIDATE FOR
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The Henderson-Massey local board area needs strong leadership, fresh ideas, good decision-making and people who listen to their community. In 2025, your Labour team possess a well-balanced mix of experience, ethnicity, and age that is reflective of the West Auckland Community in which they live. The candidates are: **Chris Carter, Will Flavell, Brooke Loader, Oscar Kightley, Dan Collins, Susan Diao, and Vincent Naidu.** We are the best placed team to make positive progress for Henderson-Massey.

Vote this team for Henderson-Massey, and **Shane Henderson and Jessica Rose for Council.** Voting is open from 9 September - 11 October 2025 and will be sent through the mail. You can drop your voting papers at your local library by 12 noon on 11 October.

✓ **Dan Collins for Henderson-Massey**
I love my West Auckland community; I know it well and I'm committed to making it the best place to live and grow up in. There's a lot of hard work that needs doing at a local board level to move our communities forward and I'm proud of what I've achieved in my first term - from having rubbish bins reinstated to making our streets safer for our kids, I hold Auckland Council to account and advocate for what we all need to live well. With your support I'll continue to serve the Henderson-Massey community and work hard to make a difference.

Get in touch: dancollinslabour@gmail.com
/DanCollinsHendersonMassey, @dan_collins_henderson_massey

VOTE 

Authorised by Dan Rosemont, 3540 Te Atatu Road, Auckland.

What to Plant Now

Vegetable growers can start planting warm-season crops like beans, cucumbers, and courgettes once the risk of frost has passed.

Tomatoes, peppers, and eggplants can be started in trays or punnets indoors, ready to plant out when the soil has warmed up again.

For continuous salad harvests, sow lettuce, rocket, and mesclun every couple of weeks.

Herb gardens also come into their own in spring—basil, coriander, dill, and chives can all be planted now, along with hardy perennials like thyme and oregano.

In the flower garden, spring is prime time for sowing colourful

annuals such as cosmos, zinnias, and marigolds. These will not only brighten your beds but also attract pollinators to help your vegetables flourish. Keep deadheading early bloomers like pansies and violas to encourage them to keep flowering.

Enjoy the Season

Spring is one of the most rewarding times to be in the garden. The days grow longer, the air warms, and everything bursts into life. Take time to enjoy the first blooms, the buzz of bees returning, and the satisfaction of planting for the months ahead.

Here's to a season of fresh beginnings, flourishing gardens, and colourful harvests!

Happy Spring Gardening!

Marisa

Urban Floral Farmlet

www.urbanfloralfarmlet.co.nz

Spring Garden Maintenance Tips

- **Mulch Wisely:** A fresh layer of organic mulch will help lock in moisture and keep weeds down as temperatures rise.
- **Support and Stake:** Fast-growing plants like sweet peas, climbing beans, and tall flowers benefit from early staking to protect them from spring winds.
- **Feed for Energy:** Give your plants a boost with a balanced fertiliser or liquid seaweed solution every few weeks to support strong, healthy growth.



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✓ Vincent Naidu for Henderson-Massey

Vincent, originally from Fiji, has been dedicated to the West Auckland community since 1989. He is actively involved in many governance, advocacy, and volunteer roles, including as Vice President of Waitakere Grey Power Association, a member of the Waitakere Ethnic Board, a Justice of the Peace, and an advocate for individuals with special needs, disabilities, and seniors. Vincent has an informed understanding of the issues, challenges and aspirations of residents and their families, and aims to drive positive change for all through the Henderson-Massey Local Board.

Get in touch: 027 4716 349 | vincent.naidu@outlook.com | [/vincent.naidu.10](https://www.facebook.com/vincent.naidu.10)

VOTE  **Labour**

Authorised by Ben Rosemond, 32940 Te Atatu Road, Auckland.



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✓ Brooke Loader for Henderson-Massey

As a mum of two, lawyer, and small business owner, I am dedicated to building a fair, inclusive, and sustainable Henderson-Massey. Proudly serving on the Local Board, I prioritise people—advocating for social equity, environmental stewardship, and community-led solutions while honouring Te Tiriti.

With a strong track record in driving transformative environmental and transport initiatives, I work to create safe, connected neighbourhoods and policies that foster local jobs and economic resilience. By working together, we can empower our community to thrive and ensure opportunity for all.

Get in touch at: 022 025 0436 | brookeloder.labour@gmail.com | [/brookeloderlabour](https://www.facebook.com/brookeloderlabour)

VOTE  **Labour**

Authorised by Ben Rosemond, 32940 Te Atatu Road, Auckland.



The Henderson-Massey local board area needs strong leadership, fresh ideas, good decision-making and people who listen to their community. In 2025, your Labour team possess a well-balanced mix of experience, ethnicity, and age that is reflective of the West Auckland Community in which they live. The candidates are: **Chris Carter, Will Flavell, Brooke Loader, Oscar Kightley, Dan Collins, Susan Diao, and Vincent Naidu.** We are the best placed team to make positive progress for Henderson-Massey.

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✓ Oscar Kightley for Henderson-Massey

A proud Westie since arriving as a 4-year-old from Samoa, Oscar met New Zealand through growing up in these diverse communities, and is passionate about serving them. Oscar wants to contribute to keeping the West the best place to grow up, by advocating for great community facilities, protecting what we already have, and ensuring better transport so we can get around it all.

Get in touch: oscar.kightley@gmail.com

VOTE  **Labour**

Authorised by Ben Rosemond, 32940 Te Atatu Road, Auckland.



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✓ Chris Carter for Henderson-Massey

Chris Carter is the current chair of the Henderson-Massey Local Board. He was the former MP for Te Atatu and was a government minister under Helen Clark, as well as a former member of the Waitemata DHB. He served with the United Nations in Afghanistan and Myanmar after leaving Parliament. Prior to being elected to Parliament Chris was a local teacher in West Auckland. He lives in Te Atatu South.

Get in touch: 021 461 658 | carterchris1973@gmail.com | [/ChrisCarterNZ](https://www.facebook.com/ChrisCarterNZ)

VOTE  **Labour**

Authorised by Ben Rosemond, 32940 Te Atatu Road, Auckland.

▼ Scholarship recipient and NZ Olympian Cameron Gray

CONTINUED FROM PAGE 7

Each year, the Foundation awards scholarships of up to \$5,000 to athletes aged 14–21, enabling them to cover essential costs and focus on their performance. This vital support relies entirely on community generosity.

“We want to see the next generation of West Auckland youth turn their sporting dreams into reality,” continues Maurie.



“We are keen to connect with businesses that want to support local talent. Investing in young people through sponsorship is an investment in the future of our community, because they have the potential to become the role models who make us proud to be West Aucklanders, he says.

“One of our sponsors, Rotary Henderson, has mentioned that they have enjoyed their partnership with us, as it has allowed them to strengthen their community profile and provided a meaningful way to give back.”

There are four sponsorship levels - Gold, Silver, Bronze, and Friends of the Foundation, each offering branding, community engagement, and event recognition. All sponsorships are tax-deductible, with every dollar going directly to athletes.

“If you want to help shape the future of sport in West Auckland, this is your chance to make a lasting difference,” says Maurie.

To learn more or become a sponsor, visit www.donoliver.org.nz.



The Henderson-Massey local board area needs strong leadership, fresh ideas, good decision-making and people who listen to their community. In 2025, your Labour team possess a well-balanced mix of experience, ethnicity, and age that is reflective of the West Auckland Community in which they live. The candidates are: **Chris Carter, Will Flavell, Brooke Loader, Oscar Kightley, Dan Collins, Susan Diao, and Vincent Naidu.** We are the best placed team to make positive progress for Henderson-Massey.

Vote this team for Henderson-Massey, and **Shane Henderson and Jessica Rose for Council.** Voting is open from 9 September - 11 October 2025 and will be sent through the mail. You can drop your voting papers at your local library by 12 noon on 11 October.

✓ Susan Diao for Henderson-Massey

I'm a proud Henderson-Massey resident, a Justice of the Peace, senior lecturer, and school board member with a strong record of community service. I stand for fairness, inclusion, and practical solutions. I bring experience from education, advocacy, and environmental protection through my work with the Auckland Environmental Protection Association. I'm committed to making our neighbourhoods safer, greener, and more supportive for families and future generations. I will be your strong local voice—working for you, listening to you, and delivering results.

Get in touch: 020 4130 4418 | susandiaolabour@gmail.com | [/susandiaolabour](https://www.facebook.com/susandiaolabour)

VOTE  **Labour**

Authorised by Ben Rosemond, 3/340 Te Atatu Road, Auckland.




The Henderson-Massey local board area needs strong leadership, fresh ideas, good decision-making and people who listen to their community. In 2025, your Labour team possess a well-balanced mix of experience, ethnicity, and age that is reflective of the West Auckland Community in which they live. The candidates are: **Chris Carter, Will Flavell, Brooke Loader, Oscar Kightley, Dan Collins, Susan Diao, and Vincent Naidu.** We are the best placed team to make positive progress for Henderson-Massey.

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✓ Will Flavell for Henderson-Massey

I love living and working in West Auckland. I was a teacher at Rutherford College in Te Atatū Peninsula for 8 years and still closely work with young people in education across Auckland. I am actively involved in local sport, charities, and community groups. I am currently elected the Deputy Chairperson of the Henderson-Massey Local Board, and hope to continue pushing for change to benefit the people of West Auckland.

Get in touch: will.flavell@gmail.com | [/WillFlavellHendersonMassey](https://www.facebook.com/WillFlavellHendersonMassey)

VOTE  **Labour**

Authorised by Ben Rosemond, 3/340 Te Atatu Road, Auckland.



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To make our community a safer place to live.

Find us on facebook

Authorised by: Peter Chan, 20 Piriri Drive, Te Atatu Peninsula



✓ HENDERSON
✓ ROSE
for Waitākere

Labour **Future West**

Authorised by Angus Drummen, 803/8 Waiwaka Road, Glen Eden
Mauriephone: text 021 044 0588

Crash victim petitions for change

▼ Pawanjit Singh Ghatora

The actions of an out of control driver changed Pawanjit Singh Ghatora's life forever. Now the Te Atatū resident is fighting for change.

On February 1st this year Pawanjit was returning home with his father. At 4.15pm they parked their car and were walking the short distance to their home, when a speeding car hit a parked car and bounced off, hurtling toward them. Pawanjit says he tried to run but was struck at speed and pinned by his right leg between the car and a power pole.

He was rushed to hospital where surgeons tried to save his knee but couldn't, and his

He is calling for safer streets through speed reductions, traffic calming measures, and stricter enforcement to curb reckless driving and says these improvements will benefit residents and schools, by creating a safer, more walkable community.

right leg was amputated above the knee. Then followed more surgeries to close the wound, with metal plates left holding the remaining leg together. Ultimately Pawanjit endured five surgeries in 17 days and life for him will never be the same.

Following yet another local crash that took out power for the neighbourhood, Pawanjit has now started a petition on the change.org platform, aimed at improving road safety in our area.



He is calling for safer streets through speed reductions, traffic calming measures, and stricter enforcement to curb reckless driving and says these improvements will benefit residents and schools, by creating a safer, more walkable community.

Prior to the accident which took his leg, Pawanjit was a keen runner. Remarkably, he took part in a half marathon just three months after the life-changing accident, completing the 21km distance in his wheelchair, at the Te Atatū Peninsula Cricket Ground event. He hopes to eventually run again, with the aid of a prosthetic leg.

Pawanjit is an I.T. Technology Architect for Spark and says the company has been very supportive. His role has been retained throughout his recuperation, and he has recently returned to work part-time. He also has great family support from his wife and 10 year old daughter, and his parents who are still in New Zealand on visitor's visas.

Pawanjit says more speed bumps and speed cameras will help combat reckless drivers, and feels it is important for authorities to collect data on the local issue, by recording speeds in residential streets. He urges Te Atatū locals to support his petition by scanning the QR code or clicking the link online.





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CONTINUED FROM PAGE 7

Possums are the main source and carrier of bovine tuberculosis. But we also know that possums don't like getting wet.

Which gives us on the Peninsula, an opportunity to fully protect our native vegetation and extend the options for our endangered native birds.

It wouldn't take much to begin the process of clearing possums from the Peninsula. We already have an extensive trapping programme around much of the edges at the waterfront.

Possum numbers are being impacted. But we could do much more.



▲ New growth appearing following possum trapping

pest removal across the country and NZ leads the way in predator control and the restoration of native species.

We have, on the Peninsula, an existing network of local volunteers who are already working in this space. There is good reason to think that with further community assistance, we could make Te Atatu Peninsula Possum Free.

Do you want to find out more?

Two of the many groups working in this area are: **Te Atatu Trappers** (ProjectOrangihina@gmail.com) and **Rivercare** (www.rivercaregroup.org/yes-i-want-to-help) •

A well-maintained series of trap lines across the entrance to the Peninsula could provide the first barrier. And a section-by-section deployment of back yard possum traps could begin the process of removing the resident local population. Back yard trapping already occurs in Te Atatu.

There are many examples of successful

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Barley (or buckwheat) Nut Loaf



I have had this recipe for about 45 years since eating the dish at a vegetarian restaurant in Nelson, that is long since gone. It is incredibly moreish and delicious. Something about the combination of flavours, the honey and soy sauce and herbs. There are a lot of ingredients but it is worth it. It is important to leave the loaf to sit and set for at least a couple of hours when you take it out of the oven, either on the bench, or in the fridge if you want to eat it faster. It firms up, then you can slice it in thick chunks.

I have halved the original recipe here, and to attempt a firmer loaf that might not need to sit and set, you could try playing with quantities, reducing the oil or liquid ingredients slightly. Just try not to compromise the amazing umami taste.

Because I personally can no longer handle the barley version I have adapted the recipe for gluten intolerant people, and the alternative ingredients are listed.

INGREDIENTS

- 2 ½ cups of cooked barley (or buckwheat)
- 1 cup breadcrumbs (or gluten free crumbs)
- 5 tablespoons of bran (or GF oat bran)
- 1 tbs arrowroot (if you don't have it try cornflour)
- 2 cups grated cheese
- ¼ tsp cayenne pepper
- 1 tsp turmeric
- 1 tsp paprika
- 2 tsp oregano
- 2 tsp thyme
- ½ cup chopped roasted peanuts
- ¾ cup tomato puree
- 4 tbs oil
- 2 tbs soy sauce
- 5 tbs honey
- 4 tbs vinegar
- 1 cup finely chopped onion

METHOD

1. Mix all ingredients well.
2. Bake in a loaf or ring tin lined with baking paper and cover with foil, at 190 C for 1 & 1/2 hours.
3. Serve the loaf thickly sliced cold, at room temperature, or warmed up with salad on the side and a peanut sauce or chunky tomato sauce. •



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Welcome to the spring 2025 Police Safety Message.

As usual this is about safety and taking care of yourself, your loved ones and your property.

Spring is almost in the air. A time to get out and about once again especially in the garden getting ready for a summer crop. When you are out in the garden think about the security of your home even if someone is still inside.

I know of someone who was in that exact situation and an opportunist burglar walked in through the open front door into the kitchen and helped themselves to her handbag. This was despite the victim's daughter sitting in the lounge thinking it was her mother.

Scams

There's an old saying. If it sounds too good to be true it probably is. Simple enough but people are still getting ripped off, as scams become more sophisticated and brazen. The best defence to a scam is knowledge.

Scams continue to operate and victimise people from all walks of life. If you have been scammed my advice is to report it as soon as you can and cancel any bankcards the scammers may have access to. Being the victim of a scam can be distressing and embarrassing. In most cases sharing your experience will probably result in more awareness and less people being scammed in the same manner.

Below are a number of good websites that offer real-time advice on scams currently operating as well as a means to beat them.

www.consumerprotection.govt.nz

www.theorb.org.nz

www.netsafe.org.nz

www.consumeraffairs.govt.nz/scamwatch

www.police.govt.nz/advice/

email-and-internet-safety/internet-scams-spam-and-fraud

Theft of registration plates

This has been and continues to be a problem usually carried out by opportunists who will use them for a criminal act. Neighbourhood Support in conjunction with Community Patrol regularly hold SaferPlates events at local shopping centres. It involves swapping the regular screws with tamper proof screws and only takes a few minutes. Keep an eye out on your local Facebook page. This initiative can save you a great deal of time and money getting replacements.

Take care out there.

Senior Constable Carlo de Martin,
Te Atatū/Glendene Community Constable ●



Welcome to the longer days with spring here.



The cold will still have that icy bite from the end of winter chills and you will now be enjoying the brisk, chilly, but longer early spring days for the next few months. You may still have the heaters and the electric blankets plugged in, heaters running, fire places roaring and clothes dryers running constantly. We hope everyone is continuing to stay nice and warm during the cold, wet and windy spring weather. However, it isn't a time to become complacent with your fire safety. Please remain aware and vigilant with the safety of heating your home while it is still quite cold.

Remember these vital things:

- The 'heater metre' rule: keep flammable materials at least one metre away from any heat sources. Rule of thumb is, it's one heater or larger appliance per plug – no more.
- Ensure you empty the lint from clothes dryers.
- Never cover heaters with material or store objects on top of them to dry them.

Some of us are also using electric blankets. If you can, replace your electric blanket every 5 years with newer heat-protected models, which are safer. Don't place heavy objects on the bed while the blanket is on. Worn and old electric blankets can cause an electric shock, fire and possibly even death. Lastly, check your electric blanket is in good working order before you use it and turn it off before you go to sleep.

If you have an open fire place, please ensure that you have a fire guard/screen to protect from spitting embers and ensure your ashes are not put in the rubbish bin but placed in a fire proof container in a safe place outside your home and filled with water. Many fires are started from hot embers melting through plastic containers inside or on decks outside a home.

In the kitchen, ensure the stovetop is clean and free of any spilled fats or burnt foods and the range hood filters have been cleaned recently. If you have a fire extinguisher, make sure you know how to use it and store it in a place that it can be accessed easily and safely, not next to the cooking appliances where a fire could stop you from getting to it.

We're also here to help too. At no cost to you, we are happy to visit your home and:

- Check existing smoke alarms to ensure they work and are in the right places.
 - Install smoke alarms, if you need them.
 - Help you make an escape plan
- Call 0800 693 473 or your local fire station to schedule a visit.

Remember, if you're living in a rental home, then it's your landlord's responsibility to supply and install smoke alarms in your house.

He Waka Eke Noa

(Everyone in one canoe, no exceptions) ●

The RayWhite logo is a yellow rectangle with the text "RayWhite" in a black, sans-serif font. The background of the entire advertisement is a photograph of a dark blue door with a woven basket hanging on it, containing a yellow cloth with fringes. There are green plants in the foreground and background.

RayWhite

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Business Directory

24/7 Laundromat	576 Te Atatū Road	276784966	Noodle Canteen	554 Te Atatū Rd	834 1328
About Face	84 Gunner Dr	834 4018	NZ Home Loans	28 Vera Road	027 2056393
Absolute Plumbing and Gasfitting	6 Mickle Street	021 1372810	Odessa's Mini Mart	615 Te Atatū Rd	834 2544
Aligned Media	7 Yeovil Rd	213 31652	OME Build Limited	1/667 Te Atatū Rd	027 252 5900
Allworkz Electrical Ltd	4 Holman Road	0508 ALLWORKZ	Opal Dental	518 Te Atatū Rd	834 6359
Anytime Fitness	543 Te Atatū Rd	950 8540	Orient Bakery	560 Te Atatū Rd	834 8382
Ashton and Gray Hair Design	T6, 547 Te Atatū Road	835 2247	Peninsula Hair Ltd	574 Te Atatū Rd	834 5120
Barfoot and Thompson Te Atatū	534 Te Atatū Rd	834 3570	Peninsula Medical Centre	382 Te Atatū Rd	834 6300
Berlin Clothing Company	548 Te Atatū Rd	834 6470	Peninsula Roast	572b Te Atatū Rd	834 0525
Between Sisters	2 Harbourview Rd	2108041111	Peppermint Twist Icecream	607 Te Atatū Rd	834 9941
Big Bang Burgers	7/80 Gunner Drive	021 233 0252	Pita Pit Te Atatū	543 Te Atatū Rd	834 6058
CareVets	520 Te Atatū Rd	834 4430	Pizza Landing	578c Te Atatū Rd	834 7492
Cassidy Eyecare	84 Gunner Dr	834 9070	Pucker and Wink Beauty Lounge	3/460 Te Atatū Rd	216 08380
Chow Time	543 Te Atatū Rd	985 1985	Radiant Nails and Beauty	571 Te Atatū Rd	214 7001
Chunky Chook	568 Te Atatū Rd	834 3638	Ray White, Buy West Property Managment Ltd	1 Rhone Ave	834 3456
Churn Cafe & Thai Dining	617 Te Atatū Rd	218 2727	Ray White Te Atatū Peninsula	530 Te Atatū Rd	834 6155
Clearstone Legal	1/547 Te Atatū Rd	973 5102	Refill Nation	571 Te Atatū Rd	218 6849
Deluxe Superette	568a Te Atatū Rd	834-6356	Restore Wellbeing	Suite 3, 552 Te Atatu Rd	600 1166
Dominos Te Atatū Peninsula	543 Te Atatū Rd	948 0744	Rodgers Reidy (NZ LTD) Insolvency	Lvl 1 547 Te Atatū Rd	834 2631
Dream Nail and Beauty	538 Te Atatū Rd	834 4924	Sam's Roast	1/570 Te Atatū Rd	834 6638
Emperor Motors	4a Harbourview Rd	834 8649	Shahi Dawat Restaurant	547 Te Atatū Rd	834 1239
Et Tu Bistro	532 Te Atatū Rd	834 5327	Stitches Alterations	607 Te Atatū Rd	834 4688
Fresh Beer Brew Company	532 Te Atatū Rd	27 310 1555	Supa Fruit Mart	3/1 Rhone Ave	834 2473
Fuze Café	566 Te Atatū Rd	834 8536	Sushi Ami	5/80 Gunner Dr	834 0010
G4U Dollar Store	556 Te Atatū Rd	880 4321	Sushi and Bento	546b Te Atatū Rd	834 1060
GM Legal	3/1-3 Rhone Ave	839 4000	Tank	543 Te Atatū Rd	834 0200
Go Bananas Childcare Te Atatu	543 Te Atatū Rd	0800 462 626	Tass Print	534 Te Atatū Rd	834 6338
Gold Star Takeaway	564 Te Atatū Rd	834 8838	Te Atatū Bakery & Cafe	543 Te Atatū Rd	212 4678
Golden Key Takeaways	546c Te Atatū Rd	834 6690	Te Atatū Butcher	1/1-3 Rhone Ave	834 5158
Golden Touch Barber	3/538 Te Atatū Road	020 4093 7797	Te Atatū Chiropractic	550a Te Atatū Rd	834 0440
Greens	572 Te Atatū Rd	834 6176	Te Atatū Dental	40 Te Atatū Rd	3939989
Haddad Takeaways	538 Te Atatū Rd	834 6429	Te Atatū Discount Superette	542 Te Atatū Rd	834 2089
Hammer Hardware	568a Te Atatū Rd	834 6210	Te Atatū Engraving & Gifts	562 Te Atatū Rd	834 6143
Happy Island Variety Store	552 Te Atatū Rd	027 3058016	Te Atatū Fisheries	613 Te Atatū Rd	834 6998
Harcourts Te Atatu	568a Te Atatū Rd	839 1333	Te Atatū Health	544b Te Atatū Rd	900 11 11
Highwire Electrical Ltd	2 Waikura Dr	027 244 9473	Te Atatū Memorial RSA	1 Harbourview Rd	834 3698
Hohepa Chartered Accountants	42 Spinnaker Dr	834 3712	Te Atatū Union Church and Op Shop	2 Taikata Rd	834 3228
Hospice Op Shop	568 Te Atatū Rd	834 1291	Team Gopal - Creative Mortgages	1 Rhone Avenue	021 666 490
Insurance Supply	3/1 Rhone Ave	834 8682	Thai Flavour	572a Te Atatū Rd	834 0646
Jayde Marie Lashes	4/556 Te Atatū Rd	021 026 61965	The Delicious Bistro	547 Te Atatū Rd	834 6635
John Chan Takeaways	578b Te Atatū Rd	834 5246	The Green Florist	540 Te Atatū Rd	2000 552
K&A Bargains	542a Te Atatū Rd	834 8986	The Sugar Grill	571 Te Atatū Rd	834 0333
Khawhom Thai Restaurant	80 Gunner Drive	834 9998	The Tattooed Heart	571 Te Atatū Rd	379 2662
KJ Nally Barristers and Solicitors	534 Te Atatū Rd	834 9995	Top Well Bakery	3/82 Gunner Dr	834 2328
L.A. Fire Systems Ltd	550b Te Atatū Rd	834 0346	Uneek Cutz	6/547 Te Atatū Rd	834 0100
Lil Reds Traditional Barbershop	3a/571 Te Atatū Rd	930 6261	Unichem Peninsula Pharmacy	550 Te Atatū Rd	834 6303
Liquorland Te Atatū Peninsula	571 Te Atatū Rd	834 7825	Urban Floral Farmlet	10 Karamu Street	21879056
Loaves and Fishes Catering	570 Te Atatū Rd	817 2285	Vivo Hair and Beauty	546A Te Atatū Rd	834 6020
McDonald's Te Atatū	543 Te Atatū Rd	215 5542	Waitakere Foot Podiatry	84 Gunner Drive	834 0198
Mi Physio	84 Gunner Drive	264 0105	West Auckland Counselling	552 Te Atatū Rd	274395957
Mr Illingsworth	571 Te Atatū Rd	953 4377	Wildflours Cakery and Coffee	6/80 Gunner Dr	2041155245
Mortgage Supply	3/1 Rhone Ave	834 8682	Wine Villa	544a Te Atatū Rd	834 4992
My Laundry	3/570 Te Atatu Rd	021 022 92894			